

EXTENSIONS

SOUTH COAST EQUESTRIAN CLUB INC NEWSLETTER

November 2015

From the President November 2015

Another Championships been and gone !! And very successful they were too. The weather was exceptionally kind. Having been predicted to be in the high 30's, the actual day was overcast for the first half, which kept the temperature more moderate and the sun out of the equation, at least for a while.

Congratulations to all the winners, especially the overall champions, Jessica Gacki-Sullivan, Tracy Stead and Ebony-lee Holz. A fantastic effort and very well deserved. Detailed results in this newsletter and also on our website. And wasn't it a great day ... we had quite a few scratchings (a lot of injuries ... we hope these gees are on the up and up), but everyone was in a good mood, and the day ran smoothly and pleasantly !!

A HUGE thank you to all our wonderful sponsors, especially Unanderra Physiotherapy and Pilates, without whom we would not have been able to have the range and quality of the prizes we did. Prizewinners please take a moment to personally thank the sponsor of your particular class and/or prize – it means a lot to sponsors to have

their generosity acknowledged. Sponsors are also listed and acknowledged later in this newsletter.

And another HUGE thank you to all the people who helped make the day a success, SCEC committee members and others. The coffee van lady who kindly came at short notice (the frappe's seemed to be a huge success), Sonja's husband who ran an extremely successful sausage sizzle (a first for us), and Monica Shephard who once again provided fabulous food. The helpers who helped us set up and break down all the equipment needed to run the day – with a special mention to Rachael Herron who did a marvellous job doing things that needed doing, and often off her own bat – thanks Rachael. The judges (and the judges husband who not only pencilled but fixed an issue with toilet that had us less handy people a tad perplexed!!), the pencilers, the test collectors, and of course Mark, Ewa and other helpers in the scoring float – we couldn't run a comp without you.

Our next Dressage Competition day is on Sunday 13 December. Details of this event can be found in this newsletter. Entry to our competitions is via www.globalentriesonline.com.au ... and is available to enter now.

The last event of the year, which will actually be held early next year, will be our Horse of the Year (HOTY) presentation ..which this year we are combining with a Trivia Night (horsey of course). Please put this date in your diary now, and keep an eye out for further information as we send it out – Friday 15 January 2016. Details of the status of the HOTY pointscore can be found in this newsletter – so you can see where you and your horse/pony stand.

SCEC committee meetings are held at 7pm on Thursday's (see dates on our website; next date 5 November 2015) at the Albion Park Bowling Club. All members are welcome to attend committee meetings and we encourage anyone who may have ideas, suggestions or just a general interest in what's going on to come along.

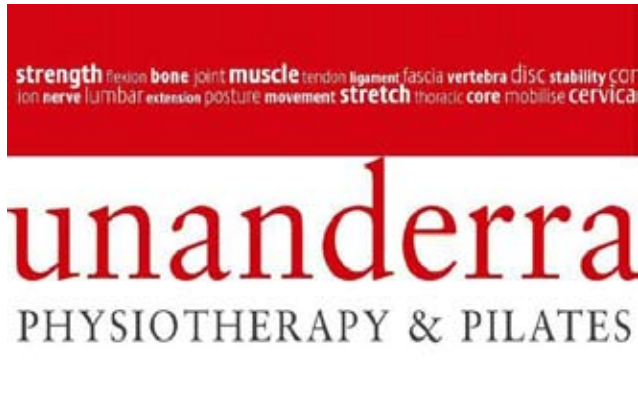
Finally, in my role as President, happy riding.

Frances Simmonds
President 2015

**SCEC is now
on Facebook**



Thank You to our Championships Sponsors



Ros Quist
Williw Creek Agistment
Cathy Carson
Katherine Daszkowski
Maxine Fripp
Mantanya Spanish Horses
Danielle Fredricks

3D Dressage Training
Equine Enhance - Kerrie Bell

**Next
Competition**

13th December, 2015

globalentriesonline.com.au

**Entries close
9 pm 27th November**

Product Spotlight

Supa-licious Equine Treats were created from quality ingredients by owner Rebecca Supple at her home in QLD in Dec 2014 for her beloved horse Champ. Rebecca is the daughter of legendary Horse Master, Ray Winslade (dec). Having grown up in the Australia film industry, horses are certainly in her blood. Having tried many different treats on the market, she was not sure they were what she was looking for! Hmmm...

So, after lots of experiments in her kitchen (some not so good) and her family saying 'is there anything for dinner'!! She came up with the texture, smell and most importantly 'healthier' option ingredients based on coconut that she was looking for! The treats were firm enough to put in your pocket and not hard. They smelt delicious and were made from all quality ingredients - Yummo! They were user friendly for the owner and delicious for the horse! A treat even the owner wished they could eat... Super excited with her creation and the fact Champ loved them too, it was decided they would be called Supa-licious Equine Treats!

Supa-licious Equine Treats is a family owned and operated business, with Rebecca actively involved in every aspect of the process to ensure our premium range of treats are just as she created them to be - delicious, yummy bites of goodness made from the finest quality ingredients!

Supa-licious also make dog treats !!!

<http://www.supaliciousequinetreats.com.au>

Available from: Blackwood Equine Supplies

2015 SCEC Committee

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southcoastquestrianclub.com.au

Prevention is better then cure/ A strech in time saves nine

There are a number of questions that people ask in regards to physiotherapy and it's relevance to your horse. To me a good starting point is

What does an equine physiotherapist do?

The answer is simple, exactly what a human physiotherapist does. The same treatment principles, modalities, techniques and evidence-based practice are used and simply adapted to the horse. To be a qualified equine physiotherapist you must firstly complete a bachelor of science in human physiotherapy and then a masters in animal physiotherapy where you specialise in horses. Human physiotherapists have a great relationship with referring doctors and it is no different for our four legged friends. Veterinary referral is required and I will always work in conjunction with the treating veterinarian in exactly the same way a human doctor/physio work.

So why should your horse see a Physio?

There are a number of different benefits that that your horse will experience from a physiotherapy assessment and treatment. Any horse that is in 'work' from the amateur pony to the elite athlete will experience muscle tightness, restriction in joint range of motion and may develop areas of soreness and or weakness. Physiotherapy treatment will help alleviate these symptoms and provide you with some exercises you can perform and or tailor your training according to what is found



There is nothing better for the treatment of muscle pain, tightness and removal of trigger points. It is quite impressive to see the horses' reaction to the release of endorphins. Photo courtesy of PhysioTom

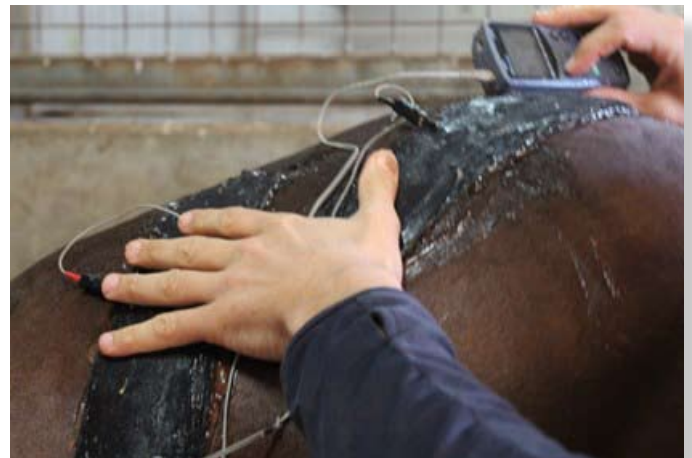


Forelimb Stretch: This particular stretch is my favourite and more often then not, it will be your horses' as well! Some horses wither this themselves prior to exercise or will learn to do it from you. Do not be alarmed if you hear a 'pop' of the shoulder joint. This is simply a gaseous release inside the joint capsule and it is not painful.

Photo supplied by Tom Simpson, © Brendan Esposito

Could your horse benefit from regular treatment?

I certainly like to advocate that prevention is better than cure. A regular treatment/check up allows the therapist to build a profile on your horse. A physiotherapist will localise the areas amenable to treatment mentioned above and target them accordingly to ensure they don't become performance limiting. A regular check up is also important so when there is a change in performance any changes in behaviour, a change of saddle or if anything new is introduced into the horses' routine from a physiotherapy perspective can be interpreted correctly.



This is a TENS machine and has been adapted for the horses and they love it! Great for areas of tightness, it helps to relax and restore normal muscle.

Photo courtesy of PhysioTom

So what may a treatment involve?

Firstly gait assessment is essential, it is the number one way that a horse communicates to localise any areas of soreness or compensation. Following this a full palpatory assessment is performed to localise any areas of tightness or pain and a treatment is then provided based on these findings. Common treatment applications include acupressure, stretching exercises, range of motion exercises, manual therapy, strengthening exercises, use of a TENs machine, acupuncture, heat and ice application, specific rehabilitation and more.

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Jent Massagers

Two of our lucky winners at the Championships won a Jent Equine Massager. For those not lucky enough to have won one, but interested in this amazing product, please contact Sandra Eldridge on 0402858627 for information about how to purchase one.



Paul from Illawarra Animal Hospital offered to do a free worm count for any of our members horses or competitors at the Championships.

Worm counts are an important part of a worming regimen as they can inform the decision whether worming is necessary at the time of the count.

To take advantage of this offer all you need to do is collect roughly a hand full of your horses droppings. It is important that the sample is fresh as the sun kills the worms. Place in a container which can then be refrigerated for up to three days and drop it in to the vet at 24 Princes Hwy, Yallah NSW 2530 (02) 4257 3322.

Enter our next competition at

globalentriesonline.com.au

Bussiness Spotlight

Equine Vitality

Equine Vitality is local to the Illawarra area providing a qualified Equine Sports Massage Therapist (ESMT). Equine massage is a complimentary therapy that manipulates the soft tissue in the body. Whether a horse appears 'sore', is suffering an injury, has had a change in behavior or is performing well, massage will benefit every horse.

Some of these benefits include:

- Increased circulation
- Reduced muscle spasm and tension
- Greater flexibility
- Reduced inflammation
- Increased range of motion
- Decreased chance of injury
- Eases fatigue and recovery time
- Promotes healing
- Loosen and reduce scar tissue & has a positive mental effect.



Equine Vitality also incorporates Red Light Therapy & Equissage hand unit in conjunction with massage to maximize results, and often finishing with specific stretches. Equine Vitality offers affordable rates to help improve your horses performance and prevent issues before they arise. For further information or to make a booking please phone Kate 0497028428.



SCEC 2015

Unanderra Physiotherapy Championships



Congratulations to all the winners !!!





southcoastquestrianclub.com.au



SCEC AGM

Our 2016 AGM will take place on the night of the HOTY Presentation.

When: 15th January, 2016

Where: Kiama Downs Surf Club
North Kiama Drive

Time: 6:30pm

All interested parties including anyone interesting in joining the Committee most welcome.



*The South Coast Equestrian Club
would like to wish all our members a
wonderful Christmas
and a Happy New Year*



SCEC HORSE of the YEAR 2015

7 pm, Friday 15th January, 2016

Kiama Downs Surf Club



Price: \$25 per person

Time: 7pm

**Location: Kiama Downs
North Kiama Drive**

**RSVP via entry
by 8th January**

To book your place, enter via
www.globalentriesonline.com.au

**Any queries contact
Frances Simmonds,
0411 0992207,
frances@uow.edu.au**

**We are finishing off a great
2015 with a HOTY Presentation
Dinner and Trivia Night.**

**This year we are holding it at
the Kiama Downs Surf Club,
with catering by Coast to Coast
Caterers. Price includes a
two course dinner, followed
by a night of equine fun and
games trivia. Drinks available
from Surf Club bar.**

**All profits from night will be donated
to the South East NSW Horse Rescue
and Welfare Club Inc**





SCEC Pointscore 2015

Prep

		March	May	June	August	October Champs	December		Total:
Carlee Coombes	Cooramin Fairytale	12	12	Washout		11		🏆	35
Deborah Dowell	Domonik	5		Washout		6		🏆	11
Amanda Whittal	Baxter	4		Washout				🏆	4
Michelle Jarret	Allyndah Mazali	12	12	Washout	12			🏆	36
Taylor McLaughlin	Elegant Park Bedrock	12	12	Washout	10	6		🏆	40
Sherida Findell	Waltzing Matilda	5		Washout				🏆	5
Amy Langlands	Niarla Flirmira	5	5	Washout	5	6		🏆	21
Michelle Jarret	Rose Gum Rising Sun		10	Washout	6	5		🏆	21
Taylor McLaughlin	Thornbury Park Royal Glitter			Washout	12			🏆	12
Ros Quist	Resolute			Washout	6			🏆	6
Tracey Stead	Catalina De La Montanya		5	Washout					

		March	May	June	August	October Champs	December		Total:
Peter Beauman	Gov's Reaction	12	6	Washout	6	11		🏆	35
Sonja Verheyen	Rapidash	10		Washout				🏆	10
Sonja Verheyen	Identity Crisis		10	Washout	10			🏆	20
Sonja Verheyen	Formatador			Washout		10		🏆	10
Sherida Findell	Waltzing Matilda	4	4	Washout	4	2		🏆	14
Katherine McMaster	Red	7	10	Washout	3	5		🏆	25
Angus Fripp	Foxwood Remy	6		Washout				🏆	6
Leteesha Larkin	Meithrin The Gatekeeper	6		Washout	6	12		🏆	24
Rhiannon Boughton	Witherdins Emma	6	5	Washout		11		🏆	22
Isabella Burnett	Rubi	5		Washout				🏆	5
Ebony-Lee Holz	Blackwood Tuscany		12	Washout	11	12		🏆	35
Sandra Eldridge	Evergreen Jezabel		10	Washout				🏆	10
Michelle Jarrett	Allyndah Mazali		6	Washout				🏆	6
Grace Heyblok	Ghandi		6	Washout	11			🏆	17
Charley Heyblok	Cedar		5	Washout				🏆	5
Victoria Shephard	Vichand Forget Me Not		6	Washout				🏆	6
Taylor McLaughlin	Elegant Park Bedrock		6	Washout	10	6		🏆	22
Stacey Bennett	Phantoms Hero			Washout				🏆	0
Taylor McLaughlin	Thornbury Park Royal Glitter			Washout		9		🏆	9
Tracey Stead	Catalina De La Montanya			Washout	12	8		🏆	20

		March	May	June	August	October Champs	December		Total:
Deb Duff	Beam me up Scotty	6	8	Washout		10		🏆	24
Angus Fripp	Foxwood Remy	5	10	Washout		12		🏆	27
Kaari McDonald	Kyah	6		Washout	5			🏆	11
Sandra Eldridge	Evergreen Jezabel	5		Washout				🏆	5
Shania Hobart	Karoola Park King Splendour	6	6	Washout				🏆	12
Rhiannon Broughton	Witherdins Emma	6	12	Washout		6		🏆	24
Frances Simmonds	Evergreen Jigsaw	6	12	Washout				🏆	18
Peter Beauman	Gov's Reaction		6	Washout	6	6		🏆	18
Tracey Stead	Evergreen Hullabaloo		12	Washout	12	12		🏆	36
Leteesha Larkin	Hillswood Just Briant			Washout	6			🏆	6

Elementary

Victoria Shephard	Peppercorn Park Isabella			Washout	12			🏆	12
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		March	May	June	August	October Champs	December		Total:
Frances Simmonds	APH Seal Rock	12		Washout		10		🏆	22
Tibby Barbour	Angelina Ballerina			Washout		12		🏆	12

SCEC Unanderra Physiotherpay and Pilates
Championship Dressage Competition
 Sunday 4 October 2015



Place	Rider	Horse	Avg %	Judge: Barb Vial Score
Prep C Associate		Sponsored By Equine Vitality		
1	Carlee Coombes	COORAMIN FAIRYTALE	72.000	144.0
2	Michelle Jarrett	ROSE GUM RISING SUN	69.750	139.5
3	Tori Mcbeath	BAYVIEW PARK FLORECITA	64.750	129.5
Prep C Pony		Sponsored By Equine Vitality		
1	Amy Langlands	NIARLA FLIRMIRA	60.500	121.0
2	Michelle Jarrett	ALLYNDAH MAZALI	57.750	115.5
Prep C Junior		Sponsored By Equine Vitality		
1	Jessica Gacki-O'Sullivan	SAN FRANCISCO FF	67.500	135.0
2	Erin Morley	MEDINA PAIGE	63.000	126.0
3	Isabella Sonter	ROSEBROOK TOM THUM	49.250	98.5
elim	Chantelle Prosser	OBIE ONE KENOBI		

Place	Rider	Horse	Avg %	Judge: Sharon Fairbanks Score
Prep D Associate		Sponsored By Danielle Fredericks - 3D Dressage Training		
1	Tori Mcbeath	BAYVIEW PARK FLORECITA	63.158	120.0
2	Deborah Dowell	DOMONICK	59.211	112.5
3	Carlee Coombes	COORAMIN FAIRYTALE	58.421	111.0
4	Michelle Jarrett	ROSE GUM RISING SUN	54.474	103.5
Prep D Pony		Sponsored By Danielle Fredericks - 3D Dressage Training		
1	Michelle Jarrett	ALLYNDAH MAZALI	57.632	109.5
2				
Prep D Junior		Sponsored By Danielle Fredericks - 3D Dressage Training		
1	Jessica Gacki-O'Sullivan	SAN FRANCISCO FF	66.053	125.5
2	Chantelle Prosser	OBIE ONE KENOBI	61.579	117.0
3	Taylor McLaughlin	ELEGANT PARK BEDROCK	60.263	114.5
4	Erin Morley	MEDINA PAIGE	56.316	107.0
5	Isabella Sonter	ROSEBROOK TOM THUM	46.842	89.0

SCEC Prep Champion 2015	Jessica Gacki-O'Sullivan	SAN FRANCISCO FF
Sponsored By UNANDERRA PHYSIOTHERAPY & PILATES		
SCEC Prep Reserve 2015	Tori Mcbeath	BAYVIEW PARK FLORECITA

Place	Rider	Horse	Avg %	Judge: Sharon Fairbanks Score	Judge: Sue Lowe Score
Preliminary 1.2 CU		Sponsored by Illawarra Animal Hospital			
1	Sonja Verheyen	FORMATADOR	62.596	161.5	164.0
2	Tracy Stead	CATALINA DE LA MONTANYA	62.019	159.5	163.0
3	Sherida Findell	WALTZING MATILDA	55.865	136.0	154.5
4	Katherine McMaster	RED	55.769	142.0	148.0
elim	Deborah Dowell	DOMONICK			
Preliminary 1.2 CU Junior		Sponsored by Illawarra Animal Hospital			
1	Leteesha Larkin	MEITHRIN THE GATEKEEPER	59.038	153.0	154.0
2	Tamica Hains	BUDDEROO LUNAR INSPIRATION	58.654	153.5	151.5
Preliminary 1.2 CU Pony		Sponsored by Illawarra Animal Hospital			
1	Jessica Gacki-O'Sullivan	WESSWOOD THE BOYFRIEND	73.269	184.5	196.5
2	Taylor McLaughlin	ELEGANT PARK BEDROCK	61.731	156.5	164.5

3	Rhiannon Boughton	WITHERDINS EMMA	59.712	154.5	156.0
4	Rachael Heron	TOBY	59.615	154.5	155.5
5	Taylor McLaughlin	THORNBURY PARK	59.423	152.0	157.0
6	Chantelle Prosser	OBIE ONE KENOBI	59.231	156.5	151.5

Place	Rider	Horse	Avg %	Judge: Robyn Targa Score
Preliminary 1.2 OC		Sponsored by Cathy Carson Horse Treatments		
1	Ebony-lee Holz	BLACKWOOD TUSCANY	68.269	177.5
2	Tori Mcbeath	W SIR WELTSPEAR	66.538	173.0
3	Peter Beauman	GOV'S REACTION	64.423	167.5
Preliminary 1.2 OC Pony		Sponsored by Cathy Carson Horse Treatments		
1	Fiona Cox	ANWEN GOT FLAIR	62.115	161.5
2	Rachel Heron	LITTLE VALLEY X FACTOR	61.731	160.5

Place	Rider	Horse	Avg %	Judge: Marina Brand Score
Preliminary 1.3 CU		Sponsored by Willow Creek Agistment		
1	Peter Beauman	GOV'S REACTION	67.609	155.5
2	Katherine McMaster	RED	63.043	145.0
3	Sonja Verheyen	FORMATADOR	62.609	144.0
4	Tracy Stead	CATALINA DE LA MONTANYA	61.522	141.5
5	Sherida Findell	WALTZING MATILDA	58.913	135.5
Preliminary 1.3 CU Pony		Sponsored by Willow Creek Agistment		
1	Leteesha Larkin	MEITHRIN THE GATEKEEPER	61.739	142.0
2	Tamica Hains	BUDDEROO LUNAR INSPIRATION	55.000	126.5
Preliminary 1.3 CU Junior		Sponsored by Willow Creek Agistment		
1	Jessica Gacki-O'Sullivan	WESSWOOD THE BOYFRIEND	68.478	157.5
2	Rhiannon Boughton	WITHERDINS EMMA	61.739	142.0
3	Taylor McLaughlin	THORNBURY PARK	60.435	139.0
4	Rachael Heron	TOBY	59.783	137.5
Preliminary 1.3 OC		Sponsored by Mantanya Spanish Horses		
1	Ebony-lee Holz	BLACKWOOD TUSCANY	65.870	151.5
2	Tori Mcbeath	W SIR WELTSPEAR	61.957	142.5
Preliminary 1.3 OC Pony		Sponsored by Mantanya Spanish Horses		
1	Fiona Cox	ANWEN GOT FLAIR	59.348	136.5
2	Rachel Heron	LITTLE VALLEY X FACTOR	58.913	135.5

SCEC Preliminary Champion 2015	Jessica Gacki-O'Sullivan	WESSWOOD THE BOYFRIEND
Sponsored By UNANDERRA PHYSIOTHERAPY & PILATES		
SCEC Preliminary Reserve 2015	Ebony-lee Holz	BLACKWOOD TUSCANY

Place	Rider	Horse	Avg %	Judge: Barab Vial Score
Novice 2.2 CU		Sponsored by Foxwood Warmbloods		
1	Peter Beauman	GOV'S REACTION	58.000	203.0
Novice 2.2 CU Junior		Sponsored by Foxwood Warmbloods		
1	Jessica Gacki-O'Sullivan	WESSWOOD THE BOYFRIEND	65.143	228.0
2	Rhiannon Boughton	WITHERDINS EMMA	58.286	204.0

Place	Rider	Horse	Avg %	Judge: Barb Vial Score	Judge: Sue Lowe
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Novice 2.2 OC	Sponsored by Poplar Petfood				
1	Angus Fripp	FOXWOOD REMY	63.357	221.5	222.0
2	Elizabeth Sonter	WIDGEE TOTAL ECLIPSE	61.786	218.5	214.0
3	Deborah Duff	BEAM ME UP SCOTTY	58.786	207.0	204.5
elim	Danielle Fredericks	FOREST FARM DEFIANT			

Novice 2.2 OC Pony	Sponsored by Poplar Petfood				
1	Tracy Stead	EVERGREEN HULLABALOO	61.000	213.5	213.5

Place	Rider	Horse	Avg %	Judge: Marina Brand Score
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Novice 2.3 OC	Sponsored by Supalicious Equine Treats				
1	Angus Fripp	FOXWOOD REMY	66.379	192.5	
2	Deborah Duff	BEAM ME UP SCOTTY	65.000	188.5	
3	Elizabeth Sonter	WIDGEE TOTAL ECLIPSE	64.310	186.5	
4	Felicia Mulligan	NIKSHAR NOMINATION	62.931	182.5	
5	Danielle Fredericks	FOREST FARM DEFIANT	59.483	172.5	

Novice 2.3 OC Pony	Sponsored by Supalicious Equine Treats				
1	Tracy Stead	EVERGREEN HULLABALOO	65.000	188.5	

SCEC Novice Champion 2015	Angus Fripp	FOXWOOD REMY
Sponsored By UNANDERRA PHYSIOTHERAPY & PILATES		
SCEC Novice Reserve 2015	Tracy Stead	EVERGREEN HULLABALLO

Place	Rider	Horse	Avg %	Judge: Robyn Targa Score
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Elementary 3.2 OC	Sponsored by Tibby Barbour, Equestrian Coach				
1	Elizabeth Sonter	WIDGEE TOTAL ECLIPSE	59.167	213.0	
2	Felicia Mulligan	NIKSHAR NOMINATION	53.750	193.5	

Elementary 3.2 OC Pony	Sponsored by Tibby Barbour, Equestrian Coach				
1	Victoria Shephard	PEPPERCORN PARK ISABELLA	52.917	190.5	

Place	Rider	Horse	Avg %	Judge: Robyn Targa Score
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Elementary 3.3 OC	Sponsored by Unifab Signs				
1	Felicia Mulligan	NIKSHAR NOMINATION	58.375	233.5	

Elementary 3.3 OC Pony	Sponsored by Unifab Signs				
1	Victoria Shephard	PEPPERCORN PARK ISABELLA	57.875	231.5	

SCEC Elementary Champion 2013	Felicia Mulligan	NIKSHAR NOMINATION
Sponsored By UNANDERRA PHYSIOTHERAPY & PILATES		
SCEC Elementary Reserve 2013	Victoria Shephard	PEPPERCORN PARK ISABELLA

Place	Rider	Horse	Avg %	Judge: Robyn Targa Score
Medium 4.2 OC		Sponsored by NuWalla Hay		
1	Tibby Barbour	ANGELINA BALLERINA	59.615	232.5
2	Frances Simmonds	APH SEAL ROCK	58.205	227.0
Medium 4.3 OC		Sponsored by Kerrie Bell, Equine Enhance Massage		
1	Tibby Barbour	ANGELINA BALLERINA	61.216	226.5
2	Frances Simmonds	APH SEAL ROCK	59.730	221.0

SCEC Medium Champion 2015	Tiby Barbour	ANGELINA BALLERINA
Sponsored By UNANDERRA PHYSIOTHERAPY & PILATES		
SCEC Medium Reserve 2015	Frances Simmonds	APH SEAL ROCK

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SCEC Horse Champion 2015	Ebony-lee Holz	BLACKWOOD TUSCANY
Sponsored By UNANDERRA PHYSIOTHERAPY & PILATES		
SCEC Horse Reserve 2015	Angus Fripp	FOXWOOD REMY

SCEC Pony Champion 2013	Tracy Stead	EVERGREEN HULLABALOO
Sponsored By UNANDERRA PHYSIOTHERAPY & PILATES		
SCEC Pony Reserve 2013	Fiona Cox	ANWEN GOT FLAIR

SCEC Junior Champion 2015	Jessica Gacki-O'Sullivan	WESSWOOD THE BOYFRIEND
Sponsored By UNANDERRA PHYSIOTHERAPY & PILATES		
SCEC Junior Reserve 2015	Jessica Gacki-O'Sullivan	SAN FRANCISCO FF

SCEC Highest Senior Point Score & Graeme Swan Memorial Trophy Winner	Ebony-lee Holz	BLACKWOOD TUSCANY
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SCEC Highest Junior Point Score & Figtree Pony Stud Perpetual Trophy	Jessica Gacki-O'Sullivan	WESSWOOD THE BOYFRIEND
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SOUTH COAST EQUESTRIAN CLUB COMPETITION PROGRAMME FOR 2015

<u>Sunday</u> <u>13December</u>
Prep A EFA
Prep B EFA
Prelim1.1
Prelim 1.2
Novice 2.1
Novice 2.2
Elementary 3.1
Elementary 3.2
Medium 4.1
Medium 4.2
Advanced 5.1
Advanced 5.2
*Prix St George
*Inter 1
*Inter 2
* Grand Prix
Closing date 27 November

Tests can be ridden Official Competitive, or Closed Unrestricted (old Associate).

Official tests can be ridden Open or Official Pony.

Competitive Unrestricted tests can be ridden Open, Open Pony or Junior.

* Please note we will endeavour to run FEI tests as Official depending on the availability of the appropriate judges.

2016 MEMBERSHIP APPLICATION FORM



We/I hereby apply for membership of the South Coast Equestrian Club Inc:

Family Name(s): <i>(member & guardian if applicable)</i>		Given Name/s:	
Address:			Postcode:
Email <i>(please print VERY clearly):</i>			
Contact Nos:	BH:	AH:	Mobile:

Rider Name:	DOB:	EA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

(EA Registration and Bridle number required to compete in official tests)

Rider Name:	DOB:	EA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

Non Rider Name(s):

I agree to abide by the Rules of the South Coast Equestrian Club Inc (SCEC). I understand that my membership is per calendar year and that I am entitled to members rates at all South Coast Equestrian Club Inc events within this period.

Please note that all members are expected to help at competitions and other club events during the year as part of their membership. A friend or relative can also provide help in your place. Jobs are many and varied, for varying lengths of time (a whole day is appreciated but not required). We cannot run events without your help!

Signed:..... **Date:**

Membership Fees <i>(per calendar year start Jan 2016):</i>		Send cheque/money order to:
Full Riding member	\$50.00	South Coast Equestrian Club Inc. PO Box 179 Jamberoo NSW 2533
Subsequent family members	\$25.00	
Social member	\$25.00	

☐ **I have enclosed a cheque/money order** (made out to South Cost Equestrian Club Inc) for \$

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: Date:

Card no: _____ Expiry date: ____ / ____ CCV no: _____
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: Cardholder's Signature:

(Enquiries to Frances Simmonds – 0411 092207)

Member Release and Waiver of Liability

Full Name of participant (and guardian if under 18 years):

.....

Address

State Post Code Date of birth

Name of Club/Organisation

Membership No.

Address of Event / Activity

In consideration for being permitted to participate in any way in horse sport activities, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities.

I knowingly and freely assume all such risks, both known and unknown, and **I voluntarily**

PARTICIPATE at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activities and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during any horse sports activities.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the activities and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability as a result of my failure to comply.

I agree to wear a helmet at all times whilst riding where this is required under the relevant EFA and FEI rules and regulations and agree that I am solely responsible for ensuring that whilst riding I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations and take sole responsibility for my actions.

I have had sufficient opportunity to read this assumption of risk agreement, fully understand its terms and sign it freely and voluntarily.

Dated:// Signature of rider/guardian

For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept ALL OF THE ABOVE and consent and agree to my minor child's involvement or

participation in horse sport activities.

Dated:// Signature of rider/guardian