

# EXTENSIONS

SOUTH COAST EQUESTRIAN CLUB INC NEWSLETTER

July 2015

## President's Report July 2015

Such a shame we had to cancel our 28 June competition. Although the actual day was a glorious sunny day, all the rain we had in June meant that the grounds were still too wet for it to be safe to run the comp. And in fact the grounds were officially closed (by council, who own the grounds).

The previous comp, on 17 May, was a fantastic day. The newly renovated arenas (crusher dust and then seeded) stood up to the day very well – we had quite a few comments from riders telling us they rode very nicely. The rest of the grounds were in great condition, still quite springy, after all the rain we had in April. It feels like it's been a very wet year so far this year – certainly my place hasn't really dried out since the April deluge !!!

Our next Dressage Competition day is on Sunday 9 August. Details of this

event can be found in this newsletter. Entry to our competitions is via [www.globalentriesonline.com.au](http://www.globalentriesonline.com.au) ... and is available to enter now, with entries closing Friday 24 July.

Running competition days requires input from many people ... and we ask that all our members volunteer to help with one task or another as often as they possibly can, especially on competition days ... helping set up the grounds, penciling, collecting tests are just some of the myriad of tasks that we need help with.

A big thank you to all those who helped out at our May comp– again, we actually had the luxury of almost having more helpers than we needed – and of course that leads to a smoothly run day. So please don't be backward in coming forward and offering to help with whatever you can.

SCEC committee meetings are held at 7pm on Thursdays (see dates on our website; next date 30 July 2015) at the Albion Park Bowling Club. All members are welcome to attend committee meetings and we encourage

anyone who may have ideas, suggestions or just a general interest in what's going on to come along.

Finally, in my role as President, happy riding.

**Frances Simmonds**  
President

**SCEC is now**  
**on Facebook**



**[southcoastequestrianclub.com.au](http://southcoastequestrianclub.com.au)**



# NSW Young Rider Championships

Congratulations to our Young Riders at the recent NSW Young Rider Championships held at Clarendon 3-5th July.

The Saturday's competition saw all 3 young riders in action in various divisions of the Novice level competition. Geri Wheeler and her gorgeous pony Glen-gannon Artorius placing 2nd

and 6th in her tests to be placed 3rd overall in the Novice Pony Championship. Angus Fripp and Foxwood Remy placed 2nd in both Novice tests to receive Novice Junior Reserve Champion, while Charlotte Phillips and Rose Gum Goldrush won both her tests in the Childs division to receive Champion Novice Child.

Sunday saw Angus and Charlotte contest the Preliminary tests 1.2 and 1.3. Angus winning both his tests with huge score up to +73% to be awarded Preliminary Junior Champion, while Charlotte placed 2nd in both her tests in the child's division receiving Preliminary Reserve Champion Child.



**Well done to all 3 riders on such outstanding results!**

**Next  
Competition**

**9th August, 2015**

**[globalentriesonline.com.au](http://globalentriesonline.com.au)**

**Entries close  
9 pm 24th July**

**2015 SCEC Committee**

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**Committee**

**Amy Langlands**

**Monica Shephard**

**[monnies1@hotmail.com](mailto:monnies1@hotmail.com)**



**Best performance  
at our last  
comp  
Well done Leanne**

**Enter our next  
competition at**

**[globalentriesonline.com.au](http://globalentriesonline.com.au)**



# Training the Transitions at Preliminary Level

In the last article I concentrated my efforts on the elusive concept of 'throughness'. What it is, why it is important and how to achieve it in a Preliminary horse. In this article I would like to cover how to teach the basic transitions of walk, trot and canter, which are required at Preliminary level dressage.

In horse terms, 'dressage' in the French language translates to training, and the concept of the dressage test refers to a test of ones training. Dressage tests are constructed to challenge the ability of the horse and rider to perform a pattern of set exercises. This in turn tests the adjustability of the horse to move between each exercise, the obedience to perform the exercise on cue at a certain mark, and the ability of the rider to give clear and correct instructions to the horse. The preliminary level is essentially the beginning of a horses' dressage career, and at this level the basic transitions of walk, trot and canter are tested. Walk, trot and canter are the three paces the horse will require through its career and teaching the basic transitions between them represents the beginning of adjustability and obedience.

I have broken the topic of transitions into two categories, Upward & Downward Transitions.

## Upward Transitions

At preliminary training level, an upward transition is that from walk to trot, or from trot to canter. Done correctly, the upward transitions should be on the riders cue, appear to be seamless with no moment of tension or hesitation, and have no change in the horses outline. The horse should not speed up to make the upward transition and should keep the same balance before, during and after the transition.

There are a number of important ingredients required to make solid and consistent upward transitions. The first is that the horse must always respond forward to your driving aids, which are your leg aids at the point of the girth. It is

important that the horse both understands the driving aids and then respects them enough to give you a response each time you apply them. It is this forward reaction that we train and consolidate into the upward transition. When creating this forward reaction to the driving aids, it is not important to keep it 'pretty', with utmost importance on the forward reaction, each time rewarded by relaxing the driving aid and reinforcing with voice praise.



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The second ingredient refers back to my first article on throughness. The horse must be connected in a round frame, over the back, with no resistance against the hand. We ultimately would like to have a submissive positive connection to the reins, with the horse supple through the poll, jaw, neck and body.

As a third ingredient, we need to construct a communication with the horse so that they understand the difference between the transitions. For example, I like to use both legs with equal pressure on the girth in the upward transition from walk to trot. When I want to canter, I like to keep my inside leg on the girth, my outside leg behind the girth, and then apply equal pressure to both legs. Some people will apply only inside leg pressure as a signal and some only outside leg. Most importantly however is the consistency of your aids but you must keep in mind that when you train the canter aid, it is this aid which then flows through to your flying changes in later stages. There are no shortcuts when teaching your communication aids. It is purely repetition, patience and time that will give your horse the understanding of what is the correct response.



The fourth and final ingredient is a 'half halt', or as I like to call it a 'waiting aid'. We need the waiting aid so that when you apply your communication aids for the upward transition, the horse does not misunderstand this as a signal to go faster, waits and then gives a reaction more aligned with what we are looking for. For example, if I ask my horse to trot and he only wants to walk faster, then I will ask them to wait and walk smaller by using both reins and seat, not in a blocking way but in a way to explain to them not to run away. From trot to canter, my waiting aid is predominantly down the outside rein, so as not to risk blocking the horses' reaction to take the inside (correct) canter lead.

### **Downward Transitions**

A downward transition at preliminary level refers to a transition from canter to trot, or from trot to walk. Again when done correctly, the downward transition should be on the riders cue, appear to be seamless with no moment of tension or hesitation, and have no change in the horses

outline. The downward transition should appear controlled and maintain the same balance before, during and after the transition.

For a good downward transition we need three key ingredients. Firstly, the horse must be 'through' as described earlier in a supple, connected way of going.

Secondly, we must have the ability to shorten the horses step (trot) or stride (canter), without losing energy. It is difficult to collect a preliminary level horse but teaching the horse to shorten the pace is anyway, a step in the direction of collection. Whilst preliminary level does not require collection, we still need to be able to shorten the horse in motion, within the pace. To do this effectively the horse must react to the waiting aids by shortening the stride without falling out of the pace. In trot and canter, I like to use both reins to shorten the step (trot) or stride (canter), together with seat or body position. It is important when using your waiting aids not to hold on for too long. It is best to create a waiting reaction by using a firmer aid and then relaxing the aid. Once I have the waiting aid firmly established, then I move to the next stage of the transition.



The third and final ingredient is the communication aid to say, "I want the downward transition.....now".



For this aid, I use a clear signal like a single half halt down the outside rein, together with my voice. I do it this way because I don't want any confusion when it comes to my horse responding to my aid. Simply, if they have not felt the single half halt and heard my voice, then they must stay in the current pace. One major benefit of this system is that it will allow you to make more adjustments to your horse within the pace to improve the quality of the balance before you decide to make the downward transition resulting in a better quality transition in the end.

You will find that if you take this clear and concise approach, not only will you have a horse that understands the concept of upwards and downwards transitions, but a horse that will reliably perform them under the stresses of competition.

I hope these tips have helped you and until next time

Happy riding,

**Brett.**

View Brett Parbery's collection of helpful DVD's titled "The Professionals System - how to improve your scores by making the dressage tests work for you"

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## **Dressage Stewards Course Sunday, 16 August 2015**

Conducted by Dressage NSW - held in conjunction with the DNSW Clarendon event  
Theory: Hawkesbury District Agricultural Association Office (Racecourse Rd, Clarendon)  
Practical: DNSW Clarendon event, Hawkesbury Showground

Presenters: Cathie Drury Klein & Trevor Klein, assisted by Toni Venhaus, Bruce McVey & Lynda Bruce  
Suitable for anyone interested in becoming an Accredited Dressage Steward, Gear Stewards, Club Committees, Judges & Riders. All Welcome

Registration 8.45am for 9.00am start in the HDAA office

The is no cost to attend this Course

Complimentary tea and coffee & refreshments available.

Practical sessions will be outdoors so wear sensible shoes and clothing.

Please register your intent to attend (on-line registration is easy and preferred option, or fill in form).

<http://www.dressagensw.equestrian.org.au/news/dressage-stewards-course>

**SCEC Dressage Competition - Results**  
**Sunday 17 May 2015**

Place	Rider	Horse	Avg %	Judge: Sue Lowe Score
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**Prep A CU**

1	Carlee Coombes	COORAMIN FAIRYTALE	75.000	142.5
2	Michelle Jarrett	ROSE GUM RISING SUN	67.368	128.0
3	Danielle Fredericks	BHM PERFECTO	50.789	96.5

**Prep A Pony**

1	Michelle Jarrett	ALLYNDAH MAZALI	65.7895	125.0
2	Amy Langlands	NIARLA FLIRMIRA	64.4737	122.5

**Prep A Junior**

1	Taylor McLaughlin	ELEGANT PARK BEDROCK	67.3684	128.0
2	Rachael Heron	TOBY	64.7368	123.0
3	Alana Anderson-Kenney	WAYMERE OAKS MODEM	58.1579	110.5

Place	Rider	Horse	Avg %	Judge: Marina Brand Score
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**Prep C CU**

1	Carlee Coombes	COORAMIN FAIRYTALE	68.750	137.5
2	Tracy Stead	CATALINA DE LA MONTANYA	67.000	134.0
3	Michelle Jarrett	ROSE GUM RISING SUN	60.750	121.5
4	Danielle Fredericks	BHM PERFECTO	58.250	116.5

**Prep B Pony**

1	Michelle Jarrett	ALLYNDAH MAZALI	63.750	127.5
2	Amy Langlands	NIARLA FLIRMIRA	60.500	121.0

**Prep B Junior**

1	Taylor McLaughlin	ELEGANT PARK BEDROCK	65.750	131.5
2	Rachael Heron	TOBY	62.000	124.0
3	Alana Anderson-Kenney	WAYMERE OAKS MODEM	57.250	114.5

Place	Rider	Horse	Avg %	Judge: Marina Brand Score
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**Preliminary 1.1 Official Competitive**

1	Ebony-lee Holz	BLACKWOOD TUSCANY	66.364	146.0
2	Stacey Bennett	PHANTOMS HERO	62.045	136.5
3	Sandra Eldridge	EVERGREEN JEZABEL	61.591	135.5

**Preliminary 1.1 Official Competitive Pony**

1	Georgia Williamson	BRAEFoot PARK SECRET SHOW	65.682	144.5
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Place	Rider	Horse	Avg %	Judge: Sue Lowe Score
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**Preliminary 1.1 CU**

1	Sonja Verheyen	IDENTITY CRISIS	66.136	145.5
2	Katherine McMaster	RED	63.182	139.0
3	Chloe Sears	BLAKEMORE WG MIGHTY FLYNN	62.955	138.5
3	Sherida Findell	WALTZING MATILDA	61.591	135.5

**Preliminary 1.1 CU Pony**

1	Michelle Jarrett	ALLYNDAH MAZALI	62.273	137.0
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**Preliminary 1.1 CU Junior**

1	Chantelle Prosser	HEY THERE DELILAH	63.864	140.5
2	Grace Heyblok	GHANDI	59.773	131.5
3	Charley Heyblok	CEDAR	58.182	128.0

Place	Rider	Horse	Avg %	Judge: Sharon Fairbanks Score
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**Preliminary 1.3 Official Competitive**

1	Peter Beauman	GOV'S REACTION	65.652	151.0
2	Aiyana Levin	AXON MAGIC	65.435	150.5

3	Sandra Eldridge	EVERGREEN JEZABEL	64.130	147.5
4	Stacey Bennett	PHANTOMS HERO	63.913	147.0

#### Preliminary 1.3 Official Competitive Pony

1	Georgia Williamson	BRAEFoot PARK SECRET SHOW	69.565	160.0
2	Emily Gubbins	KING LODGE PRINCE OF THIEVES	68.043	156.5

#### Preliminary 1.3 CU

1	Ebony-lee Holz	BLACKWOOD TUSCANY	64.130	147.5	3rd Jackpot Prize - \$25
2	Chloe Sears	BLAKEMORE WG MIGHTY FLYNN	62.826	144.5	
3	Katherine McMaster	RED	62.609	144.0	
4	Sonja Verheyen	IDENTITY CRISIS	58.696	135.0	
5	Sherida Findell	WALTZING MATILDA	56.522	130.0	

#### Preliminary 1.3 CU Pony

1	Victoria Shephard	VICHAND FORGET ME NOT	66.739	153.5	1st Jackpot Prize - \$50
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#### Preliminary 1.3 CU Junior

1	Taylor McLaughlin	ELEGANT PARK BEDROCK	64.783	149.0	2nd Jackpot Prize - \$30
2	Chantelle Prosser	HEY THERE DELILAH	63.913	147.0	4th Jackpot Prize - \$20
3	Rhiannon Boughton	WITHERDINS EMMA	61.304	141.0	
4	Charley Heyblok	CEDAR	56.957	131.0	
elim	Grace Heyblok	GHANDI			

Place	Rider	Horse	Avg %	Judge: Anna O'Keppel Score	Judge: Ros Quist Score
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#### Novice 2.1 Official Competitive

1	Lindsay Heming	JABEZ SMASHMEYER	66.111	181.0	176.0
2	Frances Simmonds	EVERGREEN JIGSAW	65.000	174.0	177.0
3	Angus Fripp	FOXWOOD REMY	63.704	159.5	184.5
4	Victoria Davies	ANDALUKA ELEGIDO	63.148	167.5	173.5
5	Aiyana Levin	AXON MAGIC	62.222	165.0	171.0
6	Deborah Duff	BEAM ME UP SCOTTY	62.037	170.0	165.0

#### Novice 2.1 Official CompetitivePony

1	Tracy Stead	EVERGREEN HULLABALOO	63.611	168.0	175.5
2	Carolyn Heron	NAWARRAH PARK PUFF N STUFF	63.519	168.5	174.5
3	Grace Tyson	SLEEPY BYE NODDY	60.556	158.5	168.5
4	Paris Kellner	ALLEGREEN SHOWGIRL	58.981	157.5	161.0

Place	Rider	Horse	Avg %	Judge: Marina Brand Score
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#### Novice 2.1 CU

1	Peter Beauman	GOV'S REACTION	62.222	168.0
2	Felicia Mulligan	NIKSHAR NOMINATION	62.037	167.5

#### Novice 2.1 CU Pony

1	Shania Hobart	KAROLLA PARK KING SPLENDOUR	60.370	163.0
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#### Novice 2.1 CU Junior

1	Emily Gubbins	KING LODGE PRINCE OF THIEVES	65.741	177.5
2	Rhiannon Boughton	WITHERDINS EMMA	61.111	165.0

Place	Rider	Horse	Avg %	Judge: Anna O'Keppel Score	Judge: Ros Quist Score
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#### Novice 2.3 Official Competitive

1	Lindsay Heming	JABEZ SMASHMEYER	67.155	193.5	196.0
2	Frances Simmonds	EVERGREEN JIGSAW	66.897	195.0	193.0
3	Victoria Davies	ANDALUKA ELEGIDO	66.379	183.0	202.0
4	Angus Fripp	FOXWOOD REMY	64.052	177.0	194.5
5	Deborah Duff	BEAM ME UP SCOTTY	61.638	172.0	185.5

#### Novice 2.3 Official Competitive Pony

1	Carolyn Heron	NAWARRAH PARK PUFF N STUFF	66.379	187.5	197.5
2	Grace Tyson	SLEEPY BYE NODDY	62.672	174.5	189.0
3	Tracy Stead	EVERGREEN HULLABALOO	61.207	165.0	190.0
4	Paris Kellner	ALLEGREEN SHOWGIRL	60.431	172.0	178.5
5	Caroline Morley	CHEEKY WHISPER	57.155	154.0	177.5



**Novice 2.3 CU**

1	Felicia Mulligan	NIKSHAR NOMINATION	175.5	182.5	61.724
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**Novice 2.3 CU Pony**

1	Shania Hobart	KAROLLA PARK KING SPLENDOUR	172.5	181.0	60.948
2	Caroline Morley	CHEEKY WHISPER	155.5	159.5	54.310

**Novice 2.3 CU Junior**

1	Emily Gubbins	KING LODGE PRINCE OF THIEVES	188.0	195.0	66.034
2	Rhiannon Boughton	WITHERDINS EMMA	182.5	184.5	63.276

Place	Rider	Horse	Avg %	Judge: Anna O'Keppel Score
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**Elementary 3.1 OC**

1	Felicia Mulligan	NIKSHAR NOMINATION	57.121	188.5
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**Elementary 3.1 CU**

1	Leah Brown	JAYEM BLIQUO	60.000	198.0
2	Victoria Shephard	PEPPERCORN PARK ISABELLA	49.091	162.0

**Elementary 3.3 OC**

1	Leah Brown	JAYEM BLIQUO	61.500	246.0
2	Carolyn Heron	NAWARRAH PARK PUFF N STUFF	61.250	245.0
3	Victoria Shephard	PEPPERCORN PARK ISABELLA	56.250	225.0

**Advanced 5.3 Official Competitive**

1	Kim Mcdonald	WARBURTON REGATTA	58.947	224.0
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Place	Rider	Horse	Avg %	Judge: Anna O'Keppel Score	Judge: Ros Quist Score
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**Prix St George Official Competitive**

1	Kim Mcdonald	WARBURTON REGATTA	62.697	240.5	236.0
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## SCEC 2015 Event Calendar

Month	Event	Location
Sunday 9 August	Dressage Competition – entries close 11pm Friday 24 July, enter via <a href="http://www.globalentriesonline.com.au">www.globalentriesonline.com.au</a>	Terry Reserve Albion Park
4-6 September	NSW State Championships	SIEC
Sunday 20 September	Protocol Day – a chance to practice riding a test, have a lesson, be educated by visiting experts	Terry Reserve Albion Park
Sunday 4 October	SCEC Dressage Championships – entries close 11pm Friday 18 September enter via <a href="http://www.globalentriesonline.com.au">www.globalentriesonline.com.au</a>	Terry Reserve Albion Park
22-25 October	National Dressage Championships	SIEC
Sunday 13 December	Dressage Competition – entries close 11pm, Friday 30 November enter via <a href="http://www.globalentriesonline.com.au">www.globalentriesonline.com.au</a>	Terry Reserve Albion Park



## **SOUTH COAST EQUESTRIAN CLUB COMPETITION PROGRAMME FOR 2015**

<b><u>Sunday 9 August</u></b>	<b><u>Sunday 4 October Championships</u></b>	<b><u>Sunday 13 December</u></b>
Prep B EFA	Prep C EFA	Prep A EFA
Prep D EFA	Prep D EFA	Prep B EFA
Prelim 1.1	Prelim 1.2	Prelim 1.1
Prelim 1.3	Prelim 1.3	Prelim 1.2
Novice 2.1	Novice 2.2	Novice 2.1
Novice 2.3	Novice 2.3	Novice 2.2
Elementary 3.1	Elementary 3.2	Elementary 3.1
Elementary 3.3	Elementary 3.3	Elementary 3.2
Medium 4.1	Medium 4.2	Medium 4.1
Medium 4.3	Medium 4.3	Medium 4.2
Advanced 5.1	Advanced 5.2	Advanced 5.1
Advanced 5.3	Advanced 5.3	Advanced 5.2
*Prix St George	*Prix St George	*Prix St George
*Inter 1	*Inter 1	*Inter 1
*Inter 2	*Inter 2	*Inter 2
* Grand Prix	* Grand Prix	* Grand Prix
Closing date 24 July	Closing date 18 September	Closing date 27 November

**Tests can be ridden Official Competitive, or Closed Unrestricted (old Associate).**

**Official tests can be ridden Open or Official Pony.**

**Competitive Unrestricted tests can be ridden Open, Open Pony or Junior.**

\* Please note we will endeavour to run FEI tests as Official depending on the availability of the appropriate judges.

# 2015 MEMBERSHIP APPLICATION FORM



**We/I hereby apply for membership of the South Coast Equestrian Club Inc:**

<b>Family Name(s):</b> <i>(member &amp; guardian if applicable)</i>		<b>Given Name/s:</b>	
<b>Address:</b>			<b>Postcode:</b>
<b>Email</b> <i>(please print VERY clearly):</i>			
<b>Contact Nos:</b>	<b>BH:</b>	<b>AH:</b>	<b>Mobile:</b>

<b>Rider Name:</b>	<b>DOB:</b>	<b>EA Reg #:</b>
<b>Horses Name:</b>	<b>Horse's EFA #:</b>	<b>Horse's Bridle #:</b>
<b>Pony</b> (must not exceed 149cm with shoes or 148cm without shoes): <b>Yes/No</b>		<b>Pony Height:</b>

*(EA Registration and Bridle number required to compete in official tests)*

<b>Rider Name:</b>	<b>DOB:</b>	<b>EA Reg #:</b>
<b>Horses Name:</b>	<b>Horse's EFA #:</b>	<b>Horse's Bridle #:</b>
<b>Pony</b> (must not exceed 149cm with shoes or 148cm without shoes): <b>Yes/No</b>		<b>Pony Height:</b>

<b>Non Rider Name(s):</b>
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**I agree to abide by the Rules of the South Coast Equestrian Club Inc (SCEC). I understand that my membership is per calendar year and that I am entitled to members rates at all South Coast Equestrian Club Inc events within this period.**

Please note that all members are expected to help at competitions and other club events during the year as part of their membership. A friend or relative can also provide help in your place. Jobs are many and varied, for varying lengths of time (a whole day is appreciated but not required). We cannot run events without your help!

**Signed:**..... **Date:** .....

<b>Membership Fees</b> <i>(per calendar year start Jan 2015):</i>		<b>Send cheque/money order to:</b>
<b>Full Riding member</b>	<b>\$50.00</b>	South Coast Equestrian Club Inc. PO Box 179 Jamberoo NSW 2533
<b>Subsequent family members</b>	<b>\$25.00</b>	
<b>Social member</b>	<b>\$25.00</b>	

☐ **I have enclosed a cheque/money order** (made out to South Cost Equestrian Club Inc) for \$ .....

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: ..... Date: .....

Card no: \_\_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_ CCV no: \_\_\_\_\_  
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: ..... Cardholder's Signature: .....

***(Enquiries to Leanne Micallef – 0439 464631)***



## Member Release and Waiver of Liability

Full Name of participant (and guardian if under 18 years):

.....

Address .....

State ..... Post Code ..... Date of birth .....

Name of Club/Organisation .....

Membership No. ....

Address of Event / Activity .....

In consideration for being permitted to participate in any way in horse sport activities, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities.

I knowingly and freely assume all such risks, both known and unknown, and **I voluntarily**

**PARTICIPATE** at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activities and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during any horse sports activities.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the activities and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability as a result of my failure to comply.

I agree to wear a helmet at all times whilst riding where this is required under the relevant EFA and FEI rules and regulations and agree that I am solely responsible for ensuring that whilst riding I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations and take sole responsibility for my actions.

I have had sufficient opportunity to read this assumption of risk agreement, fully understand its terms and sign it freely and voluntarily.

Dated: ...../ ...../ ..... Signature of rider/guardian .....

### For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept ALL OF THE ABOVE and consent and agree to my minor child's involvement or

participation in horse sport activities.

Dated: ...../ ...../ ..... Signature of rider/guardian .....