

EXTENSIONS

SOUTH COAST EQUESTRIAN CLUB INC NEWSLETTER

April 2015

Presidents Report April 2015

Already this year has been better than last year – we actually held the first comp of the year, and without a rain interruption – hurrah !! And it was a really nice comp – quite small, but those who attended had a very good day (lots of positive feedback). We used the Pony Club canteen (with much thanks to the Pony Club who gave us access) for the first time, and other than realising we need signs to make people more aware of the location of the canteen, that worked very well.

Subsequent to the comp your committee commenced a work programme to upgrade the arenas. We have had (may many tonnes of) crusher dust spread over each of the four arenas, and have then spread grass seed on the outside tracks. Sandra Eldridge played foreman on the day, and directed truck and bobcat traffic all day – thank you Sandra, it was a huge effort !! (See the pictures in this newsletter). Luckily we have had enough rain

since the comp to hopefully germinate the grass seed, the objective is for the (old and new) grass to grow through the crusher dust and the crusher dust to level out uneven spots and provide a nice springy base underneath the grass to ride on.

Our next Dressage Competition day is on Sunday 17 May. Details of this event can be found in this newsletter. Entry to our competitions is via www.globalentriesonline.com.au ... and is available to enter now.

Prior to the next comp we are holding a Training Day on Sunday 3 May for club members. A flyer for this event can be found in this newsletter. These days are ideal for bringing out young horses or those with limited competition or 'outings' for a 'soft' experience. And of course for accessing experienced coaches and judges in a non-threatening, non-competitive environment – with young or experienced horses. Entry is via www.globalentriesonline.com.au ... and is available to enter now.

Running competition days requires input from many people ... and we ask

that all our members volunteer to help with one task or another as often as they possibly can, especially on competition days ... helping set up the grounds, penciling, collecting tests are just some of the myriad of tasks that we need help with.

And a big thank you to all those who helped out at our first comp, we actually had the luxury of almost having more helpers than we needed – and of course that leads to a smoothly run day. So please don't be backward in coming forward and offering to help with whatever you can.

SCEC committee meetings are held at 7pm on Thursday's (see dates on our website; next date 7 May 2015) at the Albion Park Bowling Club. All members are welcome to attend committee meetings and we encourage anyone who may have ideas, suggestions or just a general interest in what's going on to come along.

Finally, in my role as President, happy riding.

Frances Simmonds
President

Next SCEC Competition

Sunday 17th May

Entries on
globalentriesonline.com.au

Close 9pm 1st May

Rules and Regs Update

SECTION 11 – NOTES FOR DRESSAGE COMPETITORS

11.10.2 Etiquette for Warm Up Arena

As there are many horses warming up in a restricted area it is important that all riders have knowledge of the etiquette required in group riding. This ensures safe riding and achieves harmony in busy areas

a) safety is paramount and a collision should be avoided at all times

b) before entering the warm-up area make sure the gateway and immediate track are clear

c) riders should pass left shoulder to left shoulder when on the track

d) when not on the outside track, e.g. on a diagonal line, riders should give way to horses on their left

e) the more progressive gait has priority on the track

f) halt should not be on the track

g) walk should not be on the track and does not have right of way

h) trot has priority over walk

i) canter has priority over trot

j) lateral work has priority over all paces

k) when circling, anticipate your return to the track so as to not stop the flow of other riders

l) mounting, dismounting and gear adjustment should be done off the track

m) consideration should be given to behaviour of other horses in the arena that may upset your horse

n) it may be necessary if your horse is upsetting others to leave the area

o) if a horse is upsetting the majority, an Official should be sought with a view to requesting that horse's removal for safety's sake



2015 SCEC Committee

President

Frances Simmonds

0411 092 207

frances@uow.edu.au

Co-Vice President

Ebony-Lee Holz

0408 165 231

ebony89@live.com.au

Co-Vice President

Leanne Micallef

0439 464 631

lmicallef73@bigpond.com

Secretary

Amanda Whittall

amanda.whittall@gmail.com

Treasurer

Sonja Verheyen

sonja.verheyen5@gmail.com

Public Officer

Terry Davis

terrydavis_32@yahoo.com.au

Newsletter

Ewa Mantaj

ewamantaj@hotmail.com

Judges Co-ordinator

Sandra Eldridge

mreldridge@myacn.net.au

Committee

Amy Langlands

Monica Shephard

monnies1@hotmail.com

**SCEC is now
on Facebook**



<https://www.facebook.com/pages/South-Coast-Equestrian-Club/279451358784029>

Arena Improvement

Grass dressage arenas can be very nice to ride on and do not require continuous maintenance. Our existing arenas however have tended to be very hard in places. Over time bare tracks have begun to develop along the long sides.

In addition the arenas have been very slow to recover from rain. The rest of the grounds drain well after rain, however the arenas tend to hold onto large volumes of water for at least a week following a good downpour. While local ducks enjoyed this particular feature of our arenas, it did contribute to our having to cancel competitions following moderate amounts of rain.

The committee have therefore decided to improve the surface of the arenas by adding a layer of crusher dust (244 tones all up). This material has great moisture absorbing qualities as well as providing a softer surface for riding on. It was spread thinly enough to let grass grow through it.

We picked a time with a 10 week period between scheduled competitions and while it was still warm enough for grass to grow.

Work began immediately following our last competition.



The arenas done,



...and then we spread some grass seeds and crossed our fingers hoping it would start growing. And two weeks later.....



SCEC would like to thank all the people who helped organise these works. Jill and John from Willow Creek, Dave, Sonja and Eva. A big thank you to Sandra Eldridge who coordinated and supervised all the work.



So we are keeping our fingers crossed that the grass keeps growing at this rate, and with all the rain we are getting things look good.

Next SCEC Event

Sunday 3rd May Training Day

Entries on globalentriesonline.com.au

How to easily improve your dressage test...and your score

By LyndalOatley

Nail your first halt

A good first impression goes along way in any aspect of life, but so too in Dressage. A super first halt can mean the difference between having to start straight away fighting for those points to push your score back up, or it could be the benchmark to begin your test, like a flirty tease of things to come. Simply looking at it as a halt is not enough. Instead break it up into components –

1. Entering the arena - have a smooth entrance aimed dead on the centre line with a confident canter (or trot depending upon your level). Concentrate on straightness, the quality of the pace, the contact and of course making sure the poll is the highest point.
2. The transition to halt - ask yourself am I straight, does my horse respond to my seat and hand aid to sit under to create a smooth transition?
3. The halt - always have someone watching the halt in training and in warm up. If you look over the side to peer down on your halt, it often results in an unsettled horse and increased possibility to move. The importance of immobility is paramount, and nothing looks worse than a rider fiddling. Unless your halt can be easily corrected with a small aid, make the immobility your goal. Keep your seat balanced and your eyes through your horse's ears, focused on what is your next component which is.
4. The exit from halt - this for me is the most overlooked part of the halt. You must leave the halt precisely, no walk, no showing off with some ridiculously grand gesture to show how long you can keep your horse immobile with some over the top salute that belongs in a Bollywood film and a dragged out putting your hat back on. Keep it simple - a graceful salute with a nice flow, a little nod to acknowledge the judges, breathe (it will also help you not look like you are about to attack someone if you are a bit tense and carry this tension in your face), and go. This transition requires a lot of practice and 90% of riders will walk on average 2 steps of walk so work on your responsiveness out of the halt and not only will it help your halt, but your horse as well.

Transitions

A quick glance through the Grand Prix shows 13 of the 33 movements in the Judges directives on the Grand Prix score sheet highlight transitions within the pace, or in or out of a movement as key components to be judged. That is nearly 40% of the movements of a Grand Prix highlighting the importance of a transition. That to me means marks are being wasted, and this is the case whether you are doing a Preliminary test, or a Grand Prix test. This thought is kicked home for me when looking at my own Dressage test analysis, and it is highlighted that it was transitions where I lose the majority of my points...like a few percent lost!!!!!! So, practise, practise, practise all your transitions in and out of movements and gaits as that really is the simplest way to help your score!



Accuracy

I was just in Munich helping fellow Aussie Brianna Burgess, and hubby Patrik Kittel. With my focus on the qualifiers, it gave me a great chance to watch a lot of tests as this is not normally possible when I am competing.

What drew my attention like a door slamming in the wind was the lack of accuracy from even some of the top riders. Some diagonals or changes or extensions for instance, ended up a whole marker before!!! To me that's an error of course, but it happened regularly.

Execute each movement, whether it be on a diagonal line or at a particular marker with precision and aim. Focus on the letter you are aiming for and try and maintain straightness, impulsion and accuracy.

The corner is such a valuable opportunity to correct, and we all have a tendency to fly straight through it focusing on the next marker. Utilise every corner to gauge your balance and self carriage, your power and responsiveness to your aids - taking advantage of the corner to do a small half halt, to put everything together to come out of that corner ready to start the next movement as prepared as you can be.



This is so important. Visualise the arena you are riding in - the letters, where the judges boxes are, the surroundings, anything and everything that will make you feel more familiar and at ease in the competition arena. I did this a lot for the Olympics, and it helps so much - even playing the London Games edition of Super Mario with Patrik. It must sound hysterical but it really helped!

Also visualise your test. In real time, go through each movement, sitting down, and emphasise your breathing every time you think about it - it will help in the test I can assure you.

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Product Spotlight

GutzBusta® Slow Feeding Nets

Health Benefits of Slow Feeding

GutzBusta® Slow Feeding Nets slow down the rate of consumption of hay and allow horses/ponies to have a longer and a more continual supply of forage.

Why your horse or pony would benefit from having a GutzBusta® Haynet!!!

- Reduces boredom by extending feeding time.
- Allows rate of hay consumption to slow down closer replicating grazing.
- Simulates grazing for physical and mental health. Horses are supposed to eat 18-20 hours/day.
- Reduces incidence of choke by stopping gorging, and only allowing a few strands of hay to be eaten at once.
- Recommended by Vets to help with obesity, colic, insulin resistance (IR), ulcers and stall vices.
- Happier, healthier horses that are less aggressive towards their mates as they ALWAYS have something to eat, particularly if they are on a dirt lot, paddock paradise track, stabled, or yarded.
- Great for laminitic, IR and metabolic horses and ponies as there is no insulin spike if they have hay available all the time. Allows free choice/low carbohydrate hay access all the time. Pasture hay is usually the best (but not ryegrass or clover as too high is sugar).
- Constant chewing causes sodium bicarbonate to be naturally released in the horses saliva, therefore reducing risk of stomach ulcers by counteracting the HCl in the horses stomach.
- Slow feeder nets reduce the amount of hay wastage such as from being blown away, trampled, mud, etc therefore saving money. Net types of slow feeders are able to hang anywhere, safe, durable and easy to fill.

- As the net holes are smaller, the net can be secured low for a natural grazing position (not recommended to be tied low for shod horses or untrimmed hooves with sharp edges, unless tied higher or in a box where feet cannot come into contact with the net)
- Can reduce feeding time by using the large bale nets so that horse has access to hay for longer periods before refilling.

There are two Sizes Available - Moderator (4cm) and Decelerator (3cm) within our 48ply range.

- The 4cm size of the net holes makes them safe for minis to large horses. However we are now making even smaller hole sized nets (see GutzBusta Mini Haynets or our new GutzBusta® Decelerator 3cm hay net) to slow those really voracious eaters down even more. Recommended for horses and ponies that have already tried and understand the 'slow feed hay net' concept.
- For horses that are a little more destructive in behaviour, the 48 ply would be **recommended** (4cm and 3cm). Our Mini hay nets are made from 36 ply is more than adequate for the average horse.
- The 3cm Decelerator is for those extra voracious eaters that need slowing a little more.

The following sizes are available in both the Moderator with 4cm square holes or the Decelerator with 3cm square holes.

- Small (1-2 biscuit capacity - float size) 48ply
- Medium (3-5 biscuit capacity - half bale) 48ply
- Large (Full small bale size) 48ply

Round Bales are only available in the 48ply Moderator 4cm square holes:

- Round bale nets also available in 4 x 4, 5 x 4 and 6 x 4 sizes.

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March Competition



SCEC Training Day

9 am, Sunday 3rd May, 2015

Terry Reserve Albion Park

Take the opportunity to get your horse out and about in a relaxed atmosphere.

Great opportunity for juniors wanting to understand and perhaps try out this mysterious thing called Dressage !!

Have a 40 minute lesson with either **Tracey Stead** or **Danielle Fredericks**. You can warm up, ride a test and get judged by your instructor and then have a lesson and finish off by riding the test again. Or you can just have a lesson. If you would like to ride a test could you please bring two blank paper copies of the test with you, the instructors will have pencils with them.

Or just come along with your horse and ride on our spacious grounds. Ideal 'soft' experience for young horses or those with limited competition or "outings" experience.

Entry Fee to Grounds:
\$10 per rider
(not applicable if you are having a lesson)

Lessons (40 min slots) **\$25 each**

To enter you **must** be a current SCEC club member

To join SCEC complete and send Membership form and membership payment to
PO Box 179, Jamberoo, NSW 2533

To book your place, enter via
www.globalentriesonline.com.au

Entries close 9pm 29 April 2015
Any queries contact
Frances Simmonds,
02 4236 0680,
frances@uow.edu.au

Please note that the Air Show is on at Albion Park Airport on this day. We have run events coinciding with this in the past and have never had any incidents arising from this.

Tracey Stead

Tracey is one of the most experienced and versatile equestrian trainers in Australia. She is a fully qualified coach and has been a NCAS Equestrian coach since 1994. While she now trains dressage horses and riders, she has also been a highly successful show jumper having been a member of the Elite Show Jumping Team for over 5 years and on the reserve Olympic showjumping selection list.

Tracey has also been an A grade polocross player and a head equestrian coach in Malaysia for two years. She received training from Warwick Cozens who was trained by Aloiz Podhajski.

As a rider Tracey is an exceptionally good trainer with a very unique ability to cater to the educational, physical and emotional needs of any horse she rides, from young horses, kids ponies, sensitive horses to huge warmbloods. She almost looks more "at home" on the back of a horse than standing on her own two feet.



Being a great horse trainer however, does not make a great instructor and this is where Tracey truly shines. Not only is she an exceptional trainer but she is an even better teacher. She has a way of explaining things and a calm confidence that empowers her pupils to follow her instructions, get results and really learn. Among her pupils she is known as an incredibly kind teacher whom always goes above and beyond the call of duty for those fortunate enough to be her students.

globalentriesonline.com.au

Danielle Fredericks

Danielle Fredericks is a local NCAS level 1 dressage coach. With ten years professional experience, Danielle has trained over seas in Germany for Australian WEG competitor Peter Weston and renown German young rider trainer Caroline Roost. Danielle was head rider/stable manager and worked with both trainers in developing young horses and further educating horses right through to Grand Prix. On returning home to Australia Danielle started her own small business training horses along with working for Brett Parbery and Janince Usherwood.

Five years on and she is now based in Meroo Meadow and has established her own training base where she caters for a limited number of horses in work (a boutique set up that allows her to cater fully to the needs and wants of each horse/ rider/ owner). Danielle also travels locally and interstate for lessons working on rider position and correct training of the dressage horse.



Also a competitor herself, you will see her out and about on up and coming young horses as well as taking part in clinics held with international coaches- great to know that an instructor is constantly bettering themselves too so as to further your training!!

SCEC Dressage Competition - Results
Sunday 8 March 2015

Place	Rider	Horse	Avg %	Judge: Ros Quist Score
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Prep A CU

1	Carlee Coombes	COORAMIN FAIRYTALE	70.263	133.5
2	Laura Linton-frost	JASPER	65.789	125.0
3	Deborah Dowell	DOMONICK	62.632	119.0
4	Amanda Whittall	BAXTER	59.474	113.0

Prep A Pony

1	Michelle Jarrett	ALLYNDAH MAZALI	70.263	133.5
2	Amy Langlands	NIARLA FLIRMIRA	66.579	126.5

Prep A Junior

1	Taylor McLaughlin	ELEGANT PARK BEDROCK	75.526	143.5
2	Grace Mantaj	BRANDY	64.474	122.5

Place	Rider	Horse	Avg %	Judge: Sue Lowe Score
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Prep B CU - JACKPOT CLASS

1	Carlee Coombes	COORAMIN FAIRYTALE	65.263	124.0	2nd Jackpot Prize - \$30
2	Laura Linton-ffrost	JASPER	59.737	113.5	
3	Sherida Findell	WALTZING MATILDA	59.211	112.5	
4	Deborah Dowell	DOMONICK	56.579	107.5	
5	Amanda Whittall	BAXTER	55.526	105.5	

Prep B Pony

1	Michelle Jarrett	ALLYNDAH MAZALI	64.474	122.5	3rd Jackpot Prize - \$20
2	Amy Langlands	NIARLA FLIRMIRA	61.316	116.5	
3	Samantha Rice	ELEGANT PARK REGAL MYSTUQYE	52.105	99.0	

Prep B Junior

1	Taylor McLaughlin	ELEGANT PARK BEDROCK	68.947	131	1st Jackpot Prize - \$50
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Place	Rider	Horse	Avg %	Judge: Ros Quist Score
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Preliminary 1.1 Official Competitive

1	Stacey Bennett	PHANTOMS HERO	58.636	129.0
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Place	Rider	Horse	Avg %	Judge: Sue Lowe Score
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Preliminary 1.1 CU

1	Peter Beauman	GOV'S REACTION	67.500	148.5
2	Laura Linton-ffrost	RAPIDASH	65.455	144.0
3	Sonja Verheyen	FELIX	60.909	134.0
3	Sherida Findell	WALTZING MATILDA	60.000	132.0
5	Katherine McMaster	RED	59.318	130.5

Preliminary 1.1 CU Pony

1	Michelle Jarrett	ALLYNDAH MAZALI	55.909	123.0
2	Leteesha Larkin	MEITHRIN THE GATEKEEPER	50.682	111.5
3	Samantha Rice	ELEGANT PARK REGAL MYSTUQYE	48.182	106.0

Preliminary 1.1 CU Junior

1	Isabella Burnett	RUBI	56.364	124.0
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Place	Rider	Horse	Avg %	Judge: Ros Quist Score
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Preliminary 1.2 Official Competitive

1	Angus Fripp	FOXWOOD REMY	67.692	176.0
2	Stacey Bennett	PHANTOMS HERO	61.923	161.0

Preliminary 1.1 CU

1	Peter Beauman	GOV'S REACTION	66.346	172.5
2	Sonja Verheyen	FELIX	62.308	162.0
3	Katherine McMaster	RED	60.000	156.0

Preliminary 1.2 CU Pony

1	Leteesha Larkin	MEITHRIN THE GATEKEEPER	60.962	158.5
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Preliminary 1.2 CU Junior

1	Rhiannon Boughton	WITHERDINS EMMA	63.654	165.5
2	Isabella Burnett	RUBI	60.000	156.0

Place	Rider	Horse	Avg %	Judge: Anna O'Keppel Score	Judge: Lauren James Score
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Novice 2.1 Official Competitive

1	Deborah Duff	BEAM ME UP SCOTTY	60.556	163.0	164.0
	Frances Simmonds	EVERGREEN JIGSAW	elim	161.5	164.5
2	Angus Fripp	FOXWOOD REMY	59.074	132.5	159.5

Novice 2.1 Official CompetitivePony

1	Caroline Morley	CHEEKY WHISPER	60.370	147.5	163.0
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Place	Rider	Horse	Avg %	Judge: Sue Lowe Score	Judge: Ros Quist Score
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Novice 2.1 CU

1	Felicia Mulligan	NIKSHAR NOMINATION	64.537	176.0	172.5
2	Kaari MacDonald	KYAH	60.741	169.0	159.0
3	SANDRA ELDRIDGE	EVERGREEN JEZABEL	60.000	164.5	159.5

Novice 2.1 CU Pony

1	Shania Hobart	KARoola PARK KING SPLENDOR	61.204	169.0	161.5
2	Leteesha Larkin	MEITHRIN THE GATEKEEPER	57.037	158.0	150.0

Novice 2.1 CU Junior

1	Rhiannon Boughton	WITHERDINS EMMA	60.093	165.0	159.5
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Place	Rider	Horse	Avg %	Judge: Anna O'Keppel Score	Judge: Lauren James Score
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Novice 2.2 Official Competitive

1	Frances Simmonds	EVERGREEN JIGSAW	63.643	224.5	221.0
2	Deborah Duff	BEAM ME UP SCOTTY	56.286	183.0	211.0

Novice 2.2 Official Competitive Pony

1	Caroline Morley	CHEEKY WHISPER	55.571	192.0	197.0
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Novice 2.2 CU

1	Felicia Mulligan	NIKSHAR NOMINATION	59.500	205.0	211.5
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Novice 2.2 CU Pony

1	Shania Hobart	KARoola PARK KING SPLENDOR	56.714	196.0	201.0
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Novice 2.2 CU Junior

1	Rhiannon Boughton	WITHERDINS EMMA	56.286	194.5	199.5
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Place	Rider	Horse	Avg %	Judge: Anna O'Keppel Score	Judge: Lauren James Score
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Elementary 3.1 CU

1	Felicia Mulligan	NIKSHAR NOMINATION	54.773	182.5	179.0
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Medium 4.1 Official Competitive

1	Frances Simmonds	APH SEAL ROCK	58.889	215.0	209.0
2	Tibby Barbour	ANGELINA BALLERINA	52.847	174.5	206.0

Medium 4.2 Official Competitive

1	Frances Simmonds	APH SEAL ROCK	59.423	240.0	223.5
2	Tibby Barbour	ANGELINA BALLERINA	57.051	213.0	232.0



SCEC 2015 Event Calendar

Month	Event	Location
Sunday 3 May	Protocol Day - a chance to practice riding a test, have a lesson, bring out young horses in a relaxed atmosphere	Terry Reserve AlbionPark
7-9 May	Sydney CDI	Sydney International Equestrian Centre (SIEC)
Sunday 17 May	Dressage Competition - entries close 11pm Friday 1 May, enter via www.globalentriesonline.com.au	Terry Reserve AlbionPark
Sunday 28 June	Dressage Competition - entries close 11pm Friday 12 June enter via www.globalentriesonline.com.au	Terry Reserve AlbionPark
July eveningFri 24 July	Trivia Night(Horsey Christmas in July)	
Sunday 9August	Dressage Competition - entries close 11pm Friday 24July, enter via www.globalentriesonline.com.au	Terry Reserve AlbionPark
4-6 September	NSW State Championships	SIEC
Sunday 20 September	Protocol Day - a chance to practice riding a test, have a lesson, be educated by visiting experts	Terry Reserve AlbionPark
Sunday 4 October	SCEC Dressage Championships - entries close 11pm Friday 18 September enter via www.globalentriesonline.com.au	Terry Reserve AlbionPark
22-25 October	National Dressage Championships	SIEC
Sunday 13 December	Dressage Competition - entries close 11pm, Friday 30November enter via www.globalentriesonline.com.au	Terry Reserve AlbionPark

SOUTH COAST EQUESTRIAN CLUB COMPETITION PROGRAMME FOR **2015**

<u>Sunday 17May</u>	<u>Sunday 28 June</u>	<u>Sunday 9 August</u>	<u>Sunday 4October Championships</u>	<u>Sunday 13December</u>
Prep A EFA	Prep B EFA	Prep B EFA	Prep C EFA	Prep A EFA
Prep C EFA	Prep C EFA	Prep D EFA	Prep D EFA	Prep B EFA
Prelim 1.1	Prelim 1.2	Prelim 1.1	Prelim1.2	Prelim1.1
Prelim 1.3	Prelim 1.3	Prelim 1.3	Prelim 1.3	Prelim 1.2
Novice 2.1	Novice 2.2	Novice 2.1	Novice 2.2	Novice 2.1
Novice 2.3	Novice 2.3	Novice 2.3	Novice 2.3	Novice 2.2
Elementary 3.1	Elementary 3.2	Elementary 3.1	Elementary 3.2	Elementary 3.1
Elementary 3.3	Elementary 3.3	Elementary 3.3	Elementary 3.3	Elementary 3.2
Medium 4.1	Medium 4.2	Medium 4.1	Medium 4.2	Medium 4.1
Medium 4.3	Medium 4.3	Medium 4.3	Medium 4.3	Medium 4.2
Advanced 5.1	Advanced 5.2	Advanced 5.1	Advanced 5.2	Advanced 5.1
Advanced 5.3	Advanced 5.3	Advanced 5.3	Advanced 5.3	Advanced 5.2
*Prix St George	*Prix St George	*Prix St George	*Prix St George	*Prix St George
*Inter 1	*Inter 1	*Inter 1	*Inter 1	*Inter 1
*Inter 2	*Inter 2	*Inter 2	*Inter 2	*Inter 2
* Grand Prix	* Grand Prix	* Grand Prix	* Grand Prix	* Grand Prix
Closing date 1 May	Closing date 12June	Closing date 24 July	Closing date 18 September	Closing date 27 November

Tests can be ridden Official Competitive, or Closed Unrestricted (old Associate).

Official tests can be ridden Open or Official Pony.

Competitive Unrestricted tests can be ridden Open, Open Pony or Junior.

* Please note we will endeavour to run FEI tests as Official depending on the availability of the appropriate judges.

2015 MEMBERSHIP APPLICATION FORM



We/I hereby apply for membership of the South Coast Equestrian Club Inc:

Family Name(s): <i>(member & guardian if applicable)</i>		Given Name/s:	
Address:			Postcode:
Email <i>(please print VERY clearly):</i>			
Contact Nos:	BH:	AH:	Mobile:

Rider Name:	DOB:	EA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

(EA Registration and Bridle number required to compete in official tests)

Rider Name:	DOB:	EA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

Non Rider Name(s):

I agree to abide by the Rules of the South Coast Equestrian Club Inc (SCEC). I understand that my membership is per calendar year and that I am entitled to members rates at all South Coast Equestrian Club Inc events within this period.

Please note that all members are expected to help at competitions and other club events during the year as part of their membership. A friend or relative can also provide help in your place. Jobs are many and varied, for varying lengths of time (a whole day is appreciated but not required). We cannot run events without your help!

Signed:..... **Date:**

Membership Fees <i>(per calendar year start Jan 2015):</i>		Send cheque/money order to:
Full Riding member	\$50.00	South Coast Equestrian Club Inc. PO Box 179 Jamberoo NSW 2533
Subsequent family members	\$25.00	
Social member	\$25.00	

☐ **I have enclosed a cheque/money order** (made out to South Cost Equestrian Club Inc) for \$

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: Date:

Card no: _____ Expiry date: ____ / ____ CCV no: _____
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: Cardholder's Signature:

(Enquiries to Leanne Micallef – 0439 464631)

Member Release and Waiver of Liability

Full Name of participant (and guardian if under 18 years):

.....

Address

State Post Code Date of birth

Name of Club/Organisation

Membership No.

Address of Event / Activity

In consideration for being permitted to participate in any way in horse sport activities, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities.

I knowingly and freely assume all such risks, both known and unknown, and **I voluntarily**

PARTICIPATE at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activities and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during any horse sports activities.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the activities and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability as a result of my failure to comply.

I agree to wear a helmet at all times whilst riding where this is required under the relevant EFA and FEI rules and regulations and agree that I am solely responsible for ensuring that whilst riding I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations and take sole responsibility for my actions.

I have had sufficient opportunity to read this assumption of risk agreement, fully understand its terms and sign it freely and voluntarily.

Dated:// Signature of rider/guardian

For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept ALL OF THE ABOVE and consent and agree to my minor child's involvement or

participation in horse sport activities.

Dated:// Signature of rider/guardian