

EXTENSIONS

SOUTH COAST EQUESTRIAN CLUB INC NEWSLETTER

September 2014

Committee Report

The weather has once again been very unkind to us and we reluctantly had to cancel a second consecutive competition. We held off for as long as we could hoping that the forecast was incorrect, but unfortunately once again it was right. The rain had caused the grounds to be closed for weeks.

Let's hope we have better luck with our next competition our Championships on the 12th of October. Entries are open on www.globalentriesonline.com.au, closing date is 9pm Friday 26 September.

Running competition days requires input from many people ... and we ask that all our members volunteer to help with one task or another as often as they possibly can, especially on competition days ... helping set up the grounds, penciling, collecting tests are just some of the myriad of tasks that we need help with.

This year, we'll be especially encouraging the juniors to have a go at penciling ... sitting with a judge and seeing how tests flow from their perspective is a great experience and can help a rider finesse the riding of their own tests to ensure the best possible reception from the judge. So please don't be backward in coming forward and offering to help with whatever you can.

This year SCEC committee meetings are held on the Thursday a week and a half before each comp. All members are welcome and we encourage anyone who may have ideas, suggestions or just a general interest in what's going on to come along. The next meeting is on Thursday 25th September at 7.30pm at the Albion Park RSL.



Last Year's Trophy Winners

Could all members who won and have enjoyed showing off a club trophy in 2013, please return these to the SCEC committee as we need to get these prepared for this year's winners.

Thank you



southcoastequestrianclub.com.au

2014 SCEC Committee

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**Next
Competition
2014 SCEC
CHAMPIONSHIPS
12th October
globalentriesonline.com.au**

**Entries close
9 pm 26th September**



\$ 15



\$ 25

Enter next competition at
globalentriesonline.com.au

Sponsor Profile

Aladdin's Rug Cleaning

Do you want the cleanest floor rugs in the Illawarra and Southern Highlands? South Coast Equestrian Club is pleased to profile Aladdin's Rug Cleaning, a company which has kindly offered to be a sponsor for our upcoming championships to be held on October 12.

Aladdin's Rug Cleaning is a local firm owned and operated by Arthur Tzortzis who prides himself on his quality of workmanship and ability to make floor rugs look like new.

Aladdin's Rug Cleaning offers the convenience of a free pick up and delivery service which extends to most areas of Illawarra, Southern Highlands and Shoalhaven. The company's representative will inspect the rug in your home and offer a free no obligation written quote. The rug is evaluated on which cleaning method is most appropriate. The rug then goes to the cleaning facility and returns clean, dry and ready to use.

Aladdin's Rug Cleaning is proud to have achieved 'WOOLSAFE' approved certification. This means that the company's representatives have been extensively trained in specialised techniques to inspect and clean rugs and the cleaning products they use are of the highest quality and standard in floor rug cleaning. Aladdin's Rug Cleaning offers a 100% satisfaction guarantee.

More information on Aladdin's Rug Cleaning is available on their website www.rugcleaning.com.au or on the Aladdin's Rug Cleaning facebook page. You can phone Arthur on 02 4227 5454.

Thank you to Aladdin's Rug Cleaning for supporting dressage in the Illawarra.

Terry Davis



SO YOU WANT TO DO DRESSAGE

by Brett Parbery

SCEC have been lucky enough to secure Equestrian Life Magazine to allow us to publish some articles from their amazing magazine. We look forward to bringing you lots of informative articles in our newsletter but please head to your local saddlery or newsagency to pick up a copy of the current issues where you will find lots more articles about dressage and other interesting disciplines that we don't always have exposure to, horsemanship, popular products, and there is always a yummy recipe in there from someone famous in the equestrian world.

History tells us that dressage principles originated at a time when horses were used in battle. Whole cavalries of mounted soldiers would carefully prepare their horses for battle, with the result often swinging to the army who could best execute their battle plan with the most impact. For this, it was quickly realised that a well-prepared, well-trained and obedient cavalry was a sure-fire way to a swift victory. Then, as human nature often is, the competitive side of dressage was born as it became a sport to try to have the best educated horse within the cavalry, I suppose simply for bragging rights. At that time, the dressage tests consisted of movements that were predominantly required in battle and included exercises such as collected and extended gaits, pirouettes, rein back, flying changes and jumping small obstacles..

From my research, it appears that the Germans are responsible for establishing the sport of dressage. As competition amongst cavalry officers grew in popularity, the use of a standard size area was required with the 60m x 20m international arena that we compete in today being the exact dimension of the courtyard between most German cavalry barracks. This courtyard was often used for morning exercise and for the marshal-

ling of riders before ceremonial occasions. As for what appears to be the use of random letters to mark specific points around the arena, there are a few stories that seem to have more foundation than others. The one I choose to believe is that of some old markings being found on the walls of the Royal Manstall of the Imperial German Court in Berlin. These markings were apparently set out around a courtyard, which was somewhat larger than the usual size, in the configuration that we know today. The letters marked the spot where the horse of the person bearing the title, was to be groomed and tacked up. They are listed as follows:

A	Ausgang (Exit)
K	Kaiser (Emperor)
F	Furst (Prince)
P	Pferknecht (Groom)
V	Vassal (Servant)
E	Edeling/Ehrengast (Honoured Guest)
B	Bannertrager (Standard Bearer)
S	Schzkanzler (Chancellor)
R	Ritter (Knight)
M	Meier (Steward)
H	Hofsmarshall (Lord Chancellor)

As for the letters along the centreline, i.e. D, L, X, I, G and C, there is no explanation to their origin.

In Australia, dressage competitions are usually governed by the individual state branches of Equestrian Australia, however state-governed riding associations such as adult riding clubs and pony clubs also have their own dressage competitions. Equestrian Australia levels begin at preliminary and progress to novice, then elementary, medium and finish at advanced.

The dressage tests after advanced, namely Prix St George, Intermediate I, Intermediate II, Grand Prix and Grand Prix Special, are set by the FEI (Federation Equestre Internationale), based in Switzerland, and are ridden internationally, with the Grand Prix and Grand Prix Special being ridden at the Olympics and World Championships. to be returned to the judge for checking.

As dressage itself is quite a dry sport and not openly attractive to the paying public, a commercially minded Dutchman by the name of Joep Bartels developed a concept 25 years ago of allowing riders to create their own routine, choreographed to music. This concept took off in Europe and quickly spread around the world. Now the final of the World Cup, World Equestrian Games and Olympics, is the Grand Prix Freestyle (or Kur) and is by far the most popular and well-attended event in dressage.

There you have it in a nutshell ... an albeit brief description of dressage.

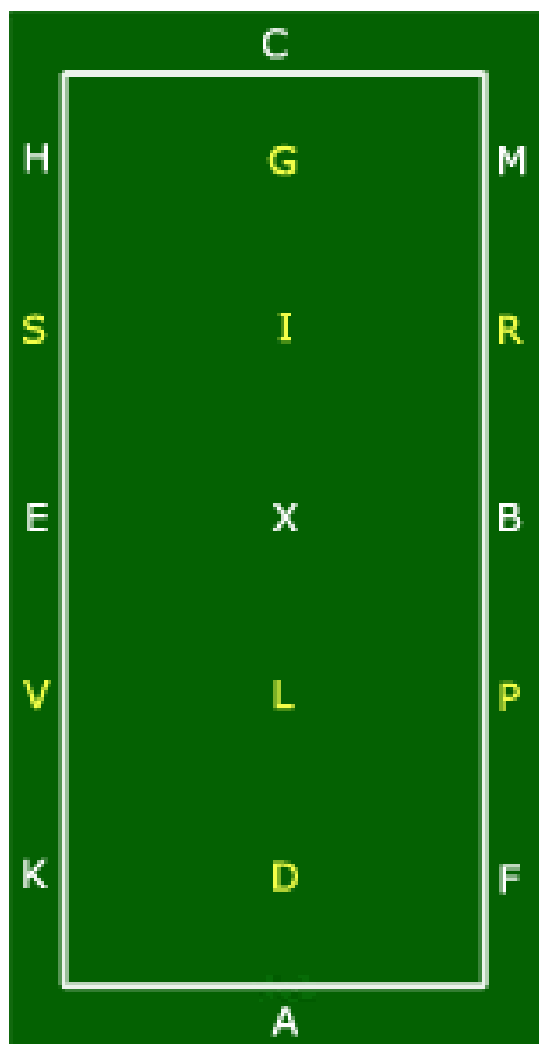
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Rules and Regs Snapshot

Whips

- riders of horses may carry a whip up to 1.20m (120cm)
- riders of ponies may carry a whip up to 1.00m (100cm)
- the tassel is included when measuring a whip
- for any horse/pony, one whip as specified above, may be carried and used:
 - in the exercise and warm up areas,
 - in all tests up to and including Advanced level at all events including championships
 - in FEI level tests at all national events in Australia except:
 - o State and Australian Championships (including 5 and 6 year old Young Horse)
 - o National Young Rider and Pony Championships
 - o FEI sanctioned events (CDIs)
 - o International events or special qualifying competitions for World Championships and Olympic Games
 - by a rider anywhere on the ground when riding or leading a horse/pony
 - by other parties, providing that it is not used in connection with training a horse/pony
 - a lunging whip is allowed when lunging a horse



2014 MEMBERSHIP APPLICATION FORM



We/I hereby apply for membership of the South Coast Equestrian Club Inc:

Family Name(s): <i>(member & guardian if applicable)</i>		Given Name/s:	
Address:			Postcode:
Email <i>(please print VERY clearly)</i> :			
Contact Nos:	BH:	AH:	Mobile:

Rider Name:	DOB:	EA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

(EA Registration and Bridle number required to compete in official tests)

Rider Name:	DOB:	EA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

Non Rider Name(s):

I agree to abide by the Rules of the South Coast Equestrian Club Inc (SCEC). I understand that my membership is per calendar year and that I am entitled to members rates at all South Coast Equestrian Club Inc events within this period.

Please note that all members are expected to help at competitions and other club events during the year as part of their membership. A friend or relative can also provide help in your place. Jobs are many and varied, for varying lengths of time (a whole day is appreciated but not required). We cannot run events without your help!

Signed:..... **Date:**

Membership Fees <i>(per calendar year start Jan 2014):</i>		Send cheque/money order to:
Full Riding member	\$50.00	South Coast Equestrian Club Inc.
Subsequent family members	\$25.00	PO Box 179
Social member	\$25.00	Jamberoo NSW 2533

☐ **I have enclosed a cheque/money order** (made out to South Cost Equestrian Club Inc) for \$

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: Date:

Card no: _____ Expiry date: ____ / ____ CCV no: _____
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: Cardholder's Signature:

(Enquiries to Leanne Micallef – 0439 464631)

Member Release and Waiver of Liability



Full Name of participant (and guardian if under 18 years):

.....

Address

State..... Post Code..... Date of birth

Name of Club/Organisation.....

Membership No.

Address of Event / Activity.....

In consideration for being permitted to participate in any way in horse sport activities, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities.

I knowingly and freely assume all such risks, both known and unknown, and **I voluntarily PARTICIPATE** at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activities and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during any horse sports activities.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the activities and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability as a result of my failure to comply.

I agree to wear a helmet at all times whilst riding where this is required under the relevant EFA and FEI rules and regulations and agree that I am solely responsible for ensuring that whilst riding I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations and take sole responsibility for my actions.

I have had sufficient opportunity to read this assumption of risk agreement, fully understand its terms and sign it freely and voluntarily.

Dated:/...../..... Signature of rider/guardian.....

For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept ALL OF THE ABOVE and consent and agree to my minor child's involvement or participation in horse sport activities.

Dated:/...../..... Signature of rider/guardian.....



Stop Press



Smart SCEC club shirts & saddle cloths are on order:

Navy blue with white piping and discrete club logo, in a breathable fabric (shirts)

Ideal for training days, use at home or smart casual wear

Great value at \$25.00 for standard shirt sizes from 8 to 24

Saddle cloths \$50.00

Try before you buy at our next competition day or order by email, phone or fax

Yes please, I (name) _____

would like to order _____ SCEC club shirts. Size _____

would like to order _____ SCEC club saddle cloth/s

Delivery at competition day or add \$9.95 for mailing option

☐ **I have enclosed a cheque/money order** (made out to South Coast Equestrian Club Inc) for \$

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: Date:

Card no: _____ Expiry date: ____ / ____ CCV no: _____
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: Cardholder's Signature: