

EXTENSIONS

SOUTH COAST EQUESTRIAN CLUB INC NEWSLETTER

September 2009

From the President September 2009

At last the weather was kind, and our August comp went ahead. For the very first time we were able to use all of our new arenas, and whilst they are not perfect yet (we will keep working on them), I for one am very pleased that we can lose the job of erecting the arenas at some ridiculously early hour before the comp, and also the job of pulling them down at the end of the day. Everyone appeared to have a good day, the coffee was good, the food (as always, thank you Sharon) was fabulous and the photos are great – thanks to Katherine for being the roving photographer ... see if you can spot yourself.

The SCEC Training Day on Sunday 26 July 2009 also went well according to all reports. People who had lessons with Brett Parbery have been full of praise, and we have had many requests for more Brett clinics. I have already asked Brett if we can slot in a clinic or two for next year, once he can get his head around his 2010 calendar. It was unfortunate that Tracy Stead was unwell, however, Katherine, as the SCEC rep on the grounds, did a

marvellous job of slotting those people who were scheduled to ride with Tracy, to instead ride with Liz Sugar ... thank you Liz for being so flexible !!

Given that we held the unscheduled Training Day in July, the committee has decided to cancel the Training Day we had planned for 27 September.

Our next competition is our Championships – Sunday 11 October – entries close Wednesday 16 September ... an outline of the rules and the prizes on offer can be found elsewhere in this newsletter. Come along and have a go. In a slight change of policy, this year the Championships will be run as an Open competition (ie not members only) but as they say you have to be in it to win it ... so keep your eye on the prize and get your entry in.

The committee have also decided that, given that we had to cancel our April and June competitions, we are going to extend the competitions eligible to be counted for the Point Score HOTY awards to include the December comp ... more details later in this newsletter.

I can't finish without mentioning our new club shirts ... Helga has worked miracles and we have been able to

source lovely new club shirts ... navy blue with white piping, and a discrete club logo. These are for sale at basically cost price. We have also sourced some very nice saddlecloths, navy blue, and again a discrete club logo. An order form can be found in this newsletter .. or come and try before you buy at our next competition.

Finally, in my role as President, happy riding, and I look forward to talking, working and riding with many of you over the remainder of this year.

**President
Frances Simmonds**

Next Competition
CHAMPIONSHIPS
11th October, 2009
Entries close
16th September

From the Secretary

September 2009

(-obviously back from much travelling)

It seems I didn't miss much in the way of competitions for the three months that I was away. Commiserations to all those disappointed riders who had two comps cancelled. Fortunately the weather was kind to us on the 16th August and we were able to run our second competition for the year. The new tests seemed to flow quite nicely for the riders at least. It was great to see visitors coming along for the higher tests and give some of our regulars a bit of a challenge. Feed back has been very good in regards to the grounds and we are in constant touch with council in an effort to organise further improvements. The screen planting seems to be flourishing and will gradually provide more protection from distractions on the other side of the fence.

Thanks go as usual to all those who helped out on the day. As usual we will be looking for plenty of help at the Championships which is traditionally well attended. Please consider ticking the volunteer box on your entry form, even if it is just for an hour.

Now we need lots of rain to replenish paddock feed, fill dams and tanks and soften the ground, all in the next week or so in order to have good conditions for the championships on the 11th October. Details in regards to rules and prizes are in this edition of the newsletter and are also on the website. The committee has agreed to run this event as an open competition to attract more riders (who may also decide to become members) so keep practising.

Finally it's good to be back especially having had very little horse contact for twelve weeks. Helga and I did manage to get ourselves to The Spanish Riding School in Vienna to watch "Morgenarbeit mit Musik" - a couple of hours practise with soft waltz music to the non German speaking fraternity. During this session the riders and their Lipizzaners do simple relaxing exercises aimed at refining and perfecting a certain movement. It was great to be able to look down on the school and see the riders' position from above. There were never more than six on the school at any time and

a new group would arrive every half hour. Each horse was treated to a titbit from the rider's pocket once they had finished and had its own handler to lead it back to the stables. We wish! Of course we had to finish the visit off with a trip to the shop.....

Cheers,
Mary



**Mary
and
Helga
Shopping !!!**



**Welcome New SCEC Members
Monica & Victoria
Shephard**



October Championship Rules!

Our next event in October is SCEC's annual championships competition. Please note that this year the competition is open to both members and non members, so make sure you send your entries in soon.

Below are the rules and conditions under which the day will be run, as posted on our website.

Where funds permit – prizes will be awarded to 3rd place in each level and division. Equal placings will receive equal awards. Championship prizes will be awarded as per the EFA Dressage Competition Rules and Procedures (Jan 2008).

8.9 Presentation and Awards

- Championships are to be decided on a points system
- All competing horses will be ranked on the combined results of tests available at each level
- First placed horses will get 30 points, second will get 29 points, third will get 28 points and so on to the last placed horse
- Where there are equal places full points for the place are awarded
- In the event of a tie, the Champion will be the horse with the highest



aggregate percentage at that level

- In the event of a further tie, the horse with the highest percentage in the higher competition at that level will be deemed the Champion

Competitors must compete in **both** tests and achieve over **55%** at the appropriate level to be eligible for Champion prizes.

Ribbons will be awarded to Champion and Reserve Champion competitors. For Award presentations at the Dressage Championships competitors must present in competition attire.

Prizes will be awarded in the following categories

- Preparatory
- Preliminary
- Novice
- Elementary
- Medium
- Advanced
- FEI
- Pony Champion
- Junior Champion

The SJ Sims Perpetual Trophy will be awarded to the horse and rider achieving the highest % score at or above Preliminary level.



Horse of the Year update

After losing two competition days this year it is going to be very difficult to make end of year awards based on our usual participation requirements of members having to have competed in three events.

Several enquiries have been made about the possibility of including the December competition in our HOTY competition and the committee have agreed that this would offer all members another opportunity to add to their scores.

Marks from all competitions in 2009 would then count towards the point score (here's hoping we are able to run two more). Our rules would read as follows:

Annual Pointscore Awards for 2009

Pointscore awards will be presented to horse and rider combinations (Open, Open Pony and Junior combined) for Preparatory, Preliminary, Novice, Elementary, Medium, Advanced and FEI and in the Divisions of Pony and Junior on the basis of cumulative points.

Annual Pointscore Awards for 2009 - Points will be awarded on the basis of

first - 6,
second - 5,
third - 4,
fourth - 3,
fifth - 2,
sixth - 1

- The pointscore will be calculated on all competitions this year.

To be eligible for Pointscore Awards:

- Riders must compete in at least 3 competitions during the year.
- Combinations must achieve 55% or more for the result to be counted.

- If entering more than 2 tests at any level – the best 2 results will be counted

It does mean however that due to all the organisation involved around trophy engraving etc, our presentation night would have to move to a date in January. This may not be a bad thing considering how busy we all are leading up to the festive season!

So if you have only been able to compete once so far this year, do not despair – just book yourself in for the October and December comps to increase your scores.

Please find the updated point scores in this newsletter.



Last Comps Raffle Winners

1st prize the stock
Jim Collins

2nd-5th prize
Jambaroo Country
Store voucher

Tracey Edwards
L Dawson
Leanne Micallef
Kayleigh Patmore

Please Note

This year the Championships are open to all competitors, including non-members of the South Coast Equestrian Club!

If you are a non-member and wish to enter please fill in and send us an entry form and a non-member waiver form (attached to this newsletter)

Gastric Ulcers – Is Your Horse one of the 60% of Dressage Horses with Gastric Irritation?

Gastric irritation and ulceration of the upper area of the stomach wall is a common finding in dressage horses which are scoped into the stomach to check for reasons why they are 'picky eaters', have 'mood' changes when travelled, or they are 'grumpy', 'restless' and 'sour' when competed. It is referred to as Equine Gastric Ulcer Syndrome, or EGUS for short.

Did You Know That:-

Studies have shown that up to 60% of equestrian horses can develop a gastric pain and discomfort, progressing to ulcers when in training. Dressage horses have the highest incidence of EGUS of any equestrian discipline which may be reflected by the training and 'impulsion' exercise which can 'squish' gastric acid onto the non-protected upper lining and result in 'gastric reflux' burns around the oesophageal (gullet tube) entrance into the stomach.

Causes of Gastric Irritation/Ulceration

Studies in racing horses have shown that there are a number of causes related to the length of time in training, the training intensity and the 'anxiety' level in an individual horse. A survey carried out on racehorses in 2007 by Dr. Guy Lester and co-workers at Murdoch University in Western Australia, found that thin horses are more likely to have ulcers than their "easy keeping", well conditioned counter parts. Horses which crib-bite and wind-suck are also likely to have ulcers. Even playing a radio in the stables appeared to increase the likelihood of gastric ulcers in horse in training!

Other factors include the type of diet, a horse's attitude and the exercise intensity, which can all contribute to the risk.

Dr. Al Merritt, an equine gastro-enterologist working in Gainesville, University of Florida, found

that exercise increases gastric pressure and results in highly acidic gastric fluid from the lower glandular protected part of the stomach, to be 'squished' up onto the non-glandular, poorly protected stomach upper lining, especially when a horse is exercised on an empty stomach.

Stomach acidity increases in a cyclic fashion, irrespective of food being eaten, so that in between meals in a stabled horse, acid may irritate the upper lining if the horse is worked or even lies down flat on the bedding to rest. Its own weight may compress the partially empty stomach and 'squish' acid onto the oesophageal entrance and upper lining. The type of diet can also influence the efficiency of gastric buffering provided by saliva and the acid volume and strength (pH low) produced during stomach activity.

High grain (gluten) diets increase gastric acid flow on entering the stomach and precipitate to the lower areas, pushing acid upwards as the stomach fills.

'Sweet' feed diets fed at chest height can result in less chewing and reduced natural salivation. The more rapid consumption possibly leads to lower buffering by saliva. Studies have shown that horses take about 1000 chews to grind up a kilogram of oats, 2000 chews for hay, but only between 350-500 chews per kg of 'sweet feed', reducing the natural buffering effect of saliva with its high mucilage and bicarbonate protective action.

'Anxious', excitable horses are thought to produce more gastric acid than a 'laid back' horse, especially when travelling or when working, as they are more 'tense' and tend to contract their belly muscles.

Dressage Exercise – A Possible Cause?

It is considered by some authorities that collecting a horse up on the bit, sitting back in the saddle to encourage forward 'impulsion' and use of the hind quarters, can increase the risk of gastric 'squish' in a dressage horse, especially if a horse is worked on an empty stomach. These observations are based on the mechanics of movements where the horse uses its hind quarters and contracts its belly muscles, pushing the

the liver and diaphragm. Horses worked for 20-30 minutes daily 'on the bit' and with 'impulsion', appear to have a higher incidence of EGUS.

Typical Signs

Some horses, especially 'easy-keeping' Warmbloods with a naturally good appetite, may not develop the typical signs of 'picky' eating' after hard training, travelling and competition. They may still have severe gastric irritation and discomfort. Many of these horses develop 'grumpy', 'aggressive' and 'sour' temperaments when worked or after travelling. They may 'paw the ground', be unco-operative and resent being saddled up, often appearing to be sensitive around the girth as the girth is tightened, or 'groan' as you mount.

Many horses will readily eat hay or graze, but 'pick' at their hard feeds or eat very slowly. Some stand with their elbows against the chest when eating. Others 'slobber' and 'chew the bit', or 'crib' on rails in the wash bay after exercise, possibly in an attempt to salivate to help buffer the 'acid' burn in the stomach.

Gastric irritation and ulceration are best diagnosed by scoping the horse with a long gastric endoscope, or by the improvement in appetite and behaviour shown after 3-5 days of dosing with an anti-ulcer medication to reduce gastric acid production.

Five Basic Approaches to Minimise Gastric Discomfort

Anti-Ulcer Therapy

A course of an ulcer therapy drug, such as ranitidine, cimetidine or omeprazole, as prescribed by your vet, will help to reduce gastric acid secretion and relieve the irritation and discomfort associated with EGUS over a 5-7 day period. If a horse's appetite improves over this time, then ongoing therapy may be required for 2-3 weeks. However, the relative dose rate of anti-ulcer therapies to suppress gastric acid secretion is higher in the horse relative to humans, because horses secrete up to 10 litres of gastric acid per day in a continuous cyclic fashion.

Protective Coatings

There are many claims for 'protective' coatings to help reduce the direct contact of gastric acid with the stomach upper lining. Ant-acid preparations containing bicarbonate of soda have little benefit because of the large amounts of alkaline buffering required to be effective in neutralising the volume of gastric acid secreted on a continuous basis in a horse.

A number of herbal compounds, volcanic aluminium silicates (zeolites) and slippery powder/pastes are available, but they are largely ineffective in the amounts normally given to sustain protection or buffering over an extended period.

Recent observations indicate that feeding mucilage compounds with the feed can facilitate chewing and hence assist salivation, the natural stomach acid buffering mechanism as a horse chews its food. These compounds are damaged by long term storage of feed and by feed processing during steam rolling, micronisation, pelleting and extrusion, so that supplementing with a concentrated source will help saliva to cling at the sites around the oesophageal inlet and upper unprotected gastric lining.

A daily supplement of concentrated mucilage compounds, such as Kohnke's Own Gastro-Coat, may help facilitate chewing by making the food being chewed sticky and thus prolonging chewing and salivation, which in turn, restores the natural buffering action of saliva when swallowed as a buffer to control excess gastric acid. If Gastro-Coat is mixed with lucerne chaff (4-5 litres) and fed about 30 minutes before exercise, it will assist in maintaining essential buffering to the stomach wall when the horse is exercised. Refer to Handy Hint 2 & 3. Feeding lucerne hay (or chaff) before exercise has been shown to reduce the risk of gastric irritation and ulcers by 50%. Lucerne contains natural buffering salts, mucilages and facilitates chewing and salivation. Cereal hay and chaff has minimal buffering activity.

Supplements of Yoghurt

Recent studies at University of Queensland, Gatton Campus in 2007, indicated that feeding a daily

supplement of 50-75ml plain yoghurt containing Lactobacilli spp, helped increase the fermentation of sugars and non-structural carbohydrates in the stomach, denying potentially ulcer causing invasive bacteria a 'food' source to colonise the upper stomach wall to result in erosion and ulceration.

Supplements of Omega-3 oils

Omega-3 fatty acids, such as in Energy-Gold oil, may also maintain natural anti-inflammatory activity on the gastric lining in horses on grain, chaff and hay based diets low in fats. Supplements of 80-100mL daily are recommended.

Supplements of Fine Limestone

Limestone is calcium carbonate, which has a sustained alkaline buffering action on stomach acid. Dolomite is a calcium and magnesium carbonate complex in a siliconised sand-like structure, which has less effect in this way. Feeding 40g fine Ag- lime mixed into lucerne chaff and Gastro-Coat, 30 minutes before feeding, helps facilitate chewing and salivation increases the natural buffering capacity of thick, tenacious saliva when a horse is exercised or travelled.

HANDY HINT 2

Feeding Prior to Exercise

Observations indicate that adding a 50mL supplement of an acidic juice, such as apple cider vinegar, which many horses relish, diluted to 100mL with water to reduce mouth irritation in sensitive horses, may help to acidify the feed and encourage salivation. The acid taste may stimulate the release of more saliva to assist in the natural buffering of the stomach lining at the oesophageal inlet and the upper non-protected gastric lining. This can be combined with a daily supplement of Kohnke's Own Gastro-Coat in the feed to help provide natural mucilage compounds to maintain chewing and salivation. This combination mixed into lucerne chaff and feed before training and travelling, may help to assist digestive function and maintain the appetite.

Reproduced with permission from Newsletter "Talking Dressage" (winter 2009) by Dr. John Kohnke

HANDY HINT 1

Side-Effects from Long Term Anti-Ulcer Drug Therapy

Long term gastric acid suppression in humans has been associated with reduced calcium uptake from the small intestine as an acidic environment facilitates calcium absorption. Long term dosage in race horses is possibly linked to subchondral bone collapse in the joints due to developing osteoporosis, which is an established side-effect in humans



HANDY HINT 3

Using Yoghurt, Lucerne and a Mucilage Supplement to Maintain Gastric Function.

The risk and severity of gastric irritation and ulcers may be minimised by feeding 500g of dampened lucerne hay or chaff about 30 minutes prior to exercise. Administer 50-75mL of plain yoghurt by syringe over the tongue 5 minutes prior to giving the main feed following exercise. A supplement of mucilage compounds to assist normal salivation and chewing, such as Kohnke's Own Gastro-Coat, can be mixed into a small amount of chaff as topping over this feed. The dampened lucerne hay or chaff can be given as a routine 30 minutes prior to travelling, along with the Kohnke's Own Gastro-Coat in the chaff, and again after exercise prior to return travel. If given on a daily basis from the start of equestrian training, this routine may help to maintain a normal gastric environment, digestive function and appetite, without the need for ulcer medication in most horses.



August Competition





SCEC Dressage Competition - Results
Sunday 16 August 2009

Place	Bridle Number	Rider	Horse	Avg %	Judge: Hetty Munda Score	Judge: Melissa Elliott Score
-------	---------------	-------	-------	-------	--------------------------	------------------------------

Prep 2 Associate

1		Ewa Mantaj	Gwenoyll Park Tirion	74.118	118	134
2		Ewa Mantaj	Serenity Image	66.176	111	114
3		Liz Sugar	Evergreen Feelin' Foxy	62.353	93	119

Prep 2 Pony

1		Cathy Corneteg	Greenbrook Royal Selection	68.529	105	128
2		Sara Rossall	Verses	68.235	107	125

Prep 2 Junior

1		Josie McNamara	Rathowen Marksmen	67.059	109	119
2		Haylie Baxter	Lazura Park Brenworth	61.471	102	107

Place	Bridle Number	Rider	Horse	Avg %	Judge: Hetty Munda Score	Judge: Melissa Elliott Score
-------	---------------	-------	-------	-------	--------------------------	------------------------------

Prep 3 Associate

1		Ewa Mantaj	Gwenoyll Park Tirion	78.000	152	160
2		Ewa Mantaj	Serenity Image	65.750	123	140
3		Sophie Holdup	Pixie Belle	61.750	114	133
4		Liz Sugar	Evergreen Feelin' Foxy	59.000	110	126

Prep 3 Pony

1		Sara Rossall	Verses	68.250	129	148
---	--	--------------	--------	--------	-----	-----

Prep 3 Junior

1		Josie McNamara	Rathowen Marksmen	62.500	121	129
---	--	----------------	-------------------	--------	-----	-----

Place	Bridle Number	Rider	Horse	Avg %	Judge: Charlotte Hyles Score
-------	---------------	-------	-------	-------	------------------------------

Preliminary 1B Official

1	3909	Kate McPherson	Classy Lady	57.600	144
2	3878	Caroline Morley	PPP Posh Mop	49.600	124
3	2274	Sharyn Bolton	Plum Ash	45.200	113

Preliminary 1B Official Pony

1	P470	Beverley McKeown	Karoola Park King Splendour	50.000	144
---	------	------------------	-----------------------------	--------	-----

Place	Bridle Number	Rider	Horse	Avg %	Judge: Tibby Barbour Score
-------	---------------	-------	-------	-------	----------------------------

Preliminary 1B Associate

1		Kim McDonald	Warburton Regatta	72.400	181
2		Kate McPherson	Classy Lady	69.200	173
3	2562	Alison Castle	Stafford Sambucca	65.600	164
4		Kayleigh Patmore	Gillis	64.800	162
5		Leanne Micallef	Wundurra Sequoia	64.400	161
6		Cheerie Simpson	Filly	57.600	144
7		Sophie Holdup	Pixie Belle	55.600	139

Preliminary 1B Pony

1	P272	Louise Harris	Rathowen Columbine	59.200	148
2		Merryn Bice	KC Bridie	54.000	135

Preliminary 1B Junior

1	Haylie Baxter	Lazura Park Brenworth	62.800	157
2	Eilish Dawson	Silent Star	50.800	127

Place	Bridle Number	Rider	Horse	Avg %	Judge: Charlotte Hyles Score
-------	---------------	-------	-------	-------	------------------------------

Preliminary 1C Official

1	3909	Kate McPherson	Classy Lady	62.727	138
2	3878	Caroline Morley	PPP Posh Mop	54.545	120
3	2274	Sharyn Bolton	Plum Ash	49.091	108

Preliminary 1C Official Pony

1	P470	Beverley McKeown	Karoola Park King Splendour	retired
---	------	------------------	-----------------------------	---------

Place	Bridle Number	Rider	Horse	Avg %	Judge: Hetty Munda Score	Judge: Melissa Elliott Score
-------	---------------	-------	-------	-------	--------------------------	------------------------------

Preliminary 1C Associate

1		Kim McDonald	Warburton Regatta	74.318	159	168
2		Kayleigh Patmore	Gillis	71.364	157	157
3	2562	Alison Castle	Stafford Sambucca	69.318	153	152
4		Leanne Micallef	Wundurra Sequoia	67.045	149	146
5		Cheerie Simpson	Filly	56.591	117	132

Preliminary 1C Pony

1	P272	Louise Harris	Rathowen Columbine	71.818	153	163
---	------	---------------	--------------------	--------	-----	-----

Preliminary 1C Junior

1		Merryn Bice	KC Bridie	61.591	131	140
2		Eilish Dawson	Silent Star	60.000	129	135

Place	Bridle Number	Rider	Horse	Avg %	Judge: Anna O'Keppel Score	Judge: Charlotte Hyles Score
-------	---------------	-------	-------	-------	----------------------------	------------------------------

Novice 2B Official

1	3228	Kate Whitaker	Just Like Heaven	57.727	195	186
2	6105	Ness Hofman	Waiwera Landerson	56.515	189	184

Novice 2B Associate

1		Kim McDonald	Warburton Regatta	54.848	176	186
2		Gina Fischer	Charles Montgomery III	54.697	176	185
3	4452	Wendy Dennis	Richmeed Mercedes	53.030	172	178
4		Cathie Finn	Kilmaney Ombre	52.121	168	176
5		Rhonda Vanderzanden	Canterbury Tales	51.212	165	173

Place	Bridle Number	Rider	Horse	Avg %	Judge: Anna O'Keppel Score	Judge: Charlotte Hyles Score
-------	---------------	-------	-------	-------	----------------------------	------------------------------

Novice 2C Official

1	3228	Kate Whitaker	Just Like Heaven	56.719	184	179
---	------	---------------	------------------	--------	-----	-----

Novice 2C Associate

1		Rhonda Vanderzanden	Canterbury Tales	57.813	172	198
2		Gina Fischer	Charles Montgomery III	55.625	167	189
3		Cathie Finn	Kilmaney Ombre	54.844	169	182
4	4452	Wendy Dennis	Richmeed Mercedes	54.375	171	177

Place	Bridle Number	Rider	Horse	Avg %	Judge: Anna O'Keppel Score
-------	---------------	-------	-------	-------	----------------------------

Elementary 3B Official

1	6105	Ness Hofman	Waiwera Landerson	58.235	198
2	2297	David McKinnon	Woodside Luminere	57.941	197

Elementary 3B Associate

1	1076	Frances Simmonds	APH Seal Rock	63.235	215
2	3521	Kaleena Matthews	Just Whisper	59.412	202
3	2476	Charlotte Haugaard	Mikados Pride	56.176	191

Elementary 3C Official

1	2297	David McKinnon	Woodside Luminere	55.250	221
---	------	----------------	-------------------	--------	-----

Elementary 3C Associate

1	1076	Frances Simmonds	APH Seal Rock	59.250	237
2	3521	Kaleena Matthews	Just Whisper	57.750	231
3	2476	Charlotte Haugaard	Mikados Pride	55.250	221

Place	Bridle Number	Rider	Horse	Avg %	Judge: Gisela Nilsson-Harding Score
-------	---------------	-------	-------	-------	---

Medium 4A Official

1	107	Ros Quist	Valhalla Flemmingh	57.500	207
---	-----	-----------	--------------------	--------	-----

Medium 4B Official

1	107	Ros Quist	Valhalla Flemmingh	56.667	204
---	-----	-----------	--------------------	--------	-----

Advanced 5A Official

1	3545	Robbie Soster	Robali Razzamattazz	64.000	256
---	------	---------------	---------------------	--------	-----

Place	Bridle Number	Rider	Horse	Avg %	Judge: Gisela Nilsson-Harding Score	Judge: Jane Bruce Score
-------	---------------	-------	-------	-------	---	-------------------------------

Prix St George Official

1	3545	Robbie Soster	Robali Razzamattazz	63.421	251	231
---	------	---------------	---------------------	--------	-----	-----

Intermediate I Official

1	181	Virginia Russell	Darshan	55.658	210	213
---	-----	------------------	---------	--------	-----	-----

Intermediate II Official

1	181	Virginia Russell	Darshan	52.632	204	196
---	-----	------------------	---------	--------	-----	-----

Intermediate II Associate

1	1500	Robyn Targa	Northern Rinaldo	59.474	225	227
---	------	-------------	------------------	--------	-----	-----

Grand Prix Associate

1	1500	Robyn Targa	Northern Rinaldo	58.191	278	269
---	------	-------------	------------------	--------	-----	-----

South Coast Equestrian Club - 2009 Point Score

South Coast Equestrian Club - 2025 Point Score			Total March Points								Total Aug Points	Progressive Total	
Class	Rider	Horse	March Comp				Aug Comp						
			Score	Points	Score	Points		Score	Points	Score	Points		
Prep Open			Prep1	Prep 2			Prep 2	Prep 3					
	Ewa Mantaj	Serenity image	58.76	3			3	66.35	5	65.80	5	10	13
	Liz Sugar	Vanguard Candice	65.33	6	65.29	6	12						12
	Ewa Mantaj	Gwenoyll Park Tirrion						74.12	6	78.00	6	12	12
	Margot Lohse	Cheval Arabe Jayson	65.33	6	64.71	5	11						11
	Liz Sugar	Evergreen Feelin Foxy						62.35	4	59.00	3	7	7
	Sophie Holdup	Pixie Bell	55.33	1			1			61.80	4	4	5
	Louise Harris	Linkwood R Minx	62.00	4			4						4
	Caroline Morley	Posh Mop			57.06	4	4						4
	Sue Ingold	Buckwell Park Accacia	58.00	2			2						2
Prelim Open			1.1	1.2			1.B	1.C					
	Corrine Stephenson	Corenderk Delia	66.66	6	59.60	6	12						12
	Alison Castle	Statford Sambucca	56.66	4			4	65.60	4	69.31	4	8	12
	Kim McDonald	Warburton Regatta						72.40	6	74.31	6	12	12
	Leanne Micallef	Wundarra Sequoia			56.40	4	4	64.40	2	67.04	3	5	9
	Kayleigh Patmore	Gillis						64.80	3	71.36	5	8	8
	Kate McPherson	Classy Lady						69.20	5	62.72	2	7	7
	Cathie Finn	Kilmaney Ombre			59.60	6	6						6
	Kristen Smith	Brdway Pk Royal Fair	66.25	5			5						5
	Ewa Mantaj	Gwenoyll Park Tirion			56.00	3	3						3
	Cheerie Simpson	Filly						57.60	1	56.60	1	2	2
	Sophie Holdup	Pixie Belle						55.60					
Novice Open			2.1	2.2			2.B	2.C					
	Rhonda Vanderzanden	Canterbury Tales	62.00	6			6			57.81	6	6	12
	Kate Whitaker	Just Like Heaven						57.72	6	56.70	5	11	11
	Charlotte Haugaard	Mikados Pride	57.80	4	59.20	6	10						10
	Gina Fischer	Charles Montgomery III	56.00	3			3			55.62	4	4	7
	Katie Kelly	MP Phantasy	62.00	6			6						6
Elimentary Open			3.1	3.2			3.B	3.C					
	Frances Simmonds	APH Seal Rock	58.78	5	60.00	4	9	63.23	6	59.25	6	12	21
	Kim McDonald	Reveller	64.39	6	66.02	6	12						12
	Kaleena Mathews	Just Whisper						59.41	5	57.75	5	10	10
	Pat Bleuel	Clyro Guinevere	58.03	4	61.76	5	9						9
	Charlotte Haugaard	Mikados Pride						56.17	4	55.25	4	8	8
	Katie Kelly	MP Phantasy	56.36	3	58.03	3	6						6
	Ruth Crace	Erinview Amour	55.00	2									
Medium Open			4.1	4.2			4.A	4.B					
	Ros Quist	Valhalla Flemmingh	59.33	6	61.61	6	12	57.50	6	56.60	6	12	24
	Pat Bluell	Clyro Genevieve	57.00	5			5						5
	Jean Stewart	Buckwell Park Monarch	56.33	4			4						4
Advanced Open			5.1	5.2			5.2	5.3					
	Julee Jones	Sundeck McGarrity	58.42	6			6						6
	Maxine Fripp	Overbrook Honeymeyer			62.50	6	6						6
Prix St George													
	Maxine Fripp	Overbrook Honeymeyer	62.50	6			6						6

South Coast Equestrian Club - 2009 Point Score - PONY

Rider	Pony	March Comp				Total	Aug Comp				Total	Progressive Total
		Score	Points	Score	Points		Score	Points	Score	Points		
Prep		prep 1		Prep 2			Prep 2		Prep 3			
Sara Rossall	Verses	63.33	5	60.58	5	10	68.20	5	68.30	6	11	21
Cathy Corneteg	Sparkle	60.00	4	57.06	4	8						8
Leteesha Larkin	Hillwood Sweet Heart	68.66	6	70.58	6	12						12
Cathy Corneteg	Greenbrook Royal Selection						68.50	6				6
Prelim		1.1		1.2			1B		1C			
Beverly McKeown	K Park King Splendour											
Louise Harris	Rathowen Columbine						59.20	6	71.80	6	12	12
Leteesha Larkin	Hillwood Sweet Heart	69.20	6			6						6
Jane Green	Burrendah Vision of Spring			55.60	6	6						6
Novice		2.1		2.2								
Kristen Smith	BP Royal Fair			59.80	6	6						6

South Coast Equestrian Club - 2009 Point Score - JUNIOR

Rider	Horse	March Comp				Total	August Comp				Total	Progressive Total
		Score	Points	Score	Points		Score	Points	Score	Points		
Prep		Prep1		Prep 2			Prep 2		Prep 3			
Josie McNamara	Rathowen Marksman	74.66	6	57.06	6	12	67.06	6	62.50	6	12	24
Haylie Baxter	Lazura Park Brenworth						61.50	5			5	5
Prelim		P 1.1		P1.2			P1B		P1C			
Abbey Hudson	S P Footsteps	69.16	6	60.00	5	11						11
Brittney Hudson	Tarbo Visions	58.33	5	62.00	6	10						10
Haylie Baxter	Lazura Park Brenworth						62.80	6			6	6
Merryn Bice	KC Bridie								61.50	6	6	6
Eilish Dawson	Silent Star								60.00	5	5	5
Kate Whitaker	Just Like Heaven	57.08	4			4						4



WELCOME TO THE AUSTRALIAN HORSE INDUSTRY COUNCIL →

AHIC – Message to Industry 12 August 2009

Biosecurity and Quarantine

The current outbreak of Hendra virus (HeV) on a horse property in QLD emphasises again the critical importance of observation and reporting of clinical disease in horses. Recently, outbreaks of strangles on a number of properties in NSW provide additional proof of the need for all horse owners to institute biosecurity measures on their properties. This includes isolation of all new arrivals for a suitable period to prevent introduction of any disease onto the property.

Hendra virus

Research at the Australian Animal Health Laboratory after the Redlands 2008 outbreak of HeV has provided new information that must be taken into account in areas where flying foxes congregate.

All flying fox populations in Australia have the potential to carry and excrete HeV.

The new information is that horses can be infected with HeV for a couple of days before showing any clinical signs of being ill. During that time they can be excreting HeV which potentially can infect anybody who comes into contact with the infected horse. The research showed that infected horses appear normal, but have increased heart rates and body temperatures before they become ill. Thus, it is essential that horse owners take appropriate steps to prevent access by horses to all areas where flying foxes congregate.

The research has implications for horse owners or managers in other areas of Australia. Horses travel regularly from QLD and northern NSW (where HeV infections have been detected) to all parts of Australia. This means that horses from these areas must be isolated, observed and monitored closely for the first few days after arrival to ensure they remain healthy. If they are ill, then a veterinarian should be called and advised that the horse has recently arrived from an area where it is possible to have come into contact with flying foxes and HeV. This enables the veterinarian and those in contact with the horse to take appropriate precautions to prevent them becoming exposed to HeV when examining the horse and taking samples for laboratory analysis.

Strangles

NSW DPI has advised of a number of recent outbreaks of strangles on horse properties. Advice from NSW is as follows:

Strangles – take care when introducing new horses to your property

In the last few weeks there have been several cases of strangles on horse properties in NSW have occurred after a new horse arrived on the property.

A horse can appear normal, but be incubating the disease or be a source of infection. Horses can incubate strangles infection for 3 to 8 days before appearing sick. A horse that has had strangles can remain infectious for at least 4 weeks after they recover; some may remain infectious for up to 8 months. For this reason it is important to keep new horses isolated from other horses on your property for at least 2 weeks and check them daily for signs of ill-health. It is a good idea to ask the person who last cared for the horse whether the horse has been sick in the last few months, or if it has been in contact with sick horses, and get as many details as you can.

If your horse develops a fever, snotty nose or swellings under the jaw consult your veterinarian as soon as possible.

Remember, strangles is a notifiable disease in NSW. Further information on strangles, how to prevent it, and how to report it is available at:

[http://www.dpi.nsw.gov.au/agriculture/livestock/horses/health/general/strangles\](http://www.dpi.nsw.gov.au/agriculture/livestock/horses/health/general/strangles/)



Photo: OLIVER University of Sydney

Strangles is only one of the notifiable diseases of horses in Australia. Horse owners should be aware of those diseases, which can be found on the web sites of the different State Departments.

SOUTH COAST EQUESTRIAN CLUB COMPETITION PROGRAMME FOR 2009

<u>Sunday 11 October Championships</u>	<u>Sunday 6 December</u>
Prep 3 EFA	Prep 1 EFA
Prep 4 EFA	Prep 4 EFA
Prelim1C Assoc/Official	Prelim 1A Assoc/Official
Prelim 1D Assoc/Official	Prelim 1D Assoc/Official
Novice 2C Assoc/Official	Novice 2A Assoc/Official
Novice 2D Assoc/Official	Novice 2D Assoc/Official
Elementary 3C Assoc/Official	Elementary 3A Assoc/Official
Elementary 3D Assoc/Official	Elementary 3D Assoc/Official
Medium 4B Assoc/Official	Medium 4A Assoc/Official
Medium 4C Assoc/Official	Medium 4C Assoc/Official
Advanced 5B Assoc/Official	Advanced 5A Assoc/Official
Advanced 5C Assoc/Official	Advanced 5C Assoc/Official
Prix St George Assoc/Official	*Prix St George Assoc/Official
Inter 1 Assoc/Official	*Inter 1 Assoc/Official
Inter 2 Assoc/Official	*Inter 2 Assoc/Official
Grand Prix Assoc/Official	*Grand Prix Assoc/Official
Closing date 16 September	Closing date 11 November

Associate tests can be ridden Open, Open Pony or Junior, Official tests can be ridden Open or Official Pony.

* Please note we will endeavour to run FEI tests as Official depending on the availability of the appropriate judges.



Stop Press

Smart SCEC club shirts are on order:

Navy blue with white piping and discrete club logo, in a breathable fabric

Ideal for training days, use at home or smart casual wear

Great value at \$25.00 for standard sizes from 8 to 24

Try before you buy at our next competition day or order by email, phone or fax

Yes please, I (name) _____

would like to order _____ SCEC club shirts. Size _____

Delivery at competition day or add \$9.95 for mailing option

☐ **I have enclosed a cheque/money order** (made out to South Coast Equestrian Club Inc) for \$

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: Date:

Card no: _____ Expiry date: ____ / ____ CCV no: _____
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: Cardholder's Signature:



PO Box 179
Jamberoo NSW 2533
ABN 67 462 820 496

2009 DRESSAGE COMPETITION ENTRY FORM

DATE OF COMPETITION: Closing Date for Entries:

Rider's Name Rider's Phone

Rider's Address Postcode

Rider's Email

All Hotmail users please include a self address business sized envelope so you will still receive the draw.

Owner's Name Owner's EFA No

Owner's Address Postcode

Rules & Regulations

I agree to abide by the conditions of entry and the rules and regulations set down for the conduct of a dressage event.

Rider's Signature: Date

Parent / Guardian signature if under 16.

Many volunteers are needed in order to run competitions. Members are expected to help a minimum of one competition per year. Please let us know if you can help at this competition, even for just a few hours. We need pencilers, gear stewards, runners, scorers etc. (Minimum 1 Hour).

Are you able to help on the day? ☐ Yes ☐ No

What would you like to help with?

.....
.....

How long can you help for?

Can you nominate someone who can help?

Name Ph

To compete at SCEC competitions, you must be a member of SCEC Inc of the EFA.

CONDITIONS OF ENTRY

1. This competition will be held in accordance with EFA rules (1st January 2008). Available on www.efanational.com.
2. Neither South Coast Equestrian Club, nor the owner of the grounds, accepts any liability for any accidents, damage, injury or illness to horses, owners, riders, spectators or any other person or property whatsoever.
3. Competition is open to Horses, Galloways and Ponies (including stallions). Horses may only be ridden on the grounds by the designated competitor.
4. Only horses entered in a competition are allowed on the grounds.
5. Horses may not compete in more than two consecutive levels - i.e. Prep/Preliminary; Preliminary/ Novice.
6. Riders are restricted to 3 tests per horse and a maximum of 2 horses per test.
7. Ponies are 14.2hh or less (149cm with shoes or 148cm without). Pony entries are open and there is no restriction on the age of the rider.
8. Junior riders are 17 years and under at the time of entry. Junior riders are eligible to compete in Open, Open Pony or Junior categories but cannot compete in more than one category.
9. Associate classes are conducted under EFA Rules. Riders must be a member of the EFA at least Associate level or a member of SCEC Inc. There is no restriction on age. Horses are not required to be EFA registered and there is no restriction on height. If a horse is, or has been, graded, it may only compete at its graded level or above, or HC in a lower level.

10. Entry forms will be dated as received. If the competition is oversubscribed, entries will be entered in the draw in order of date received. Late entries will be placed on a reserve list.
11. Entries will only be accepted if the form is filled out correctly with correct payment included and the disclaimer signed. Incorrectly completed entries will be returned.
12. Copies of the tests are available through the SCEC website.
13. HC may be entered until 5 days before the competition day; once you have entered HC it will not be removed. HC entries do not receive points or prizes.
14. Scratchings will be accepted with a full refund up until 8pm on the day the entries close. No refunds after this time.
15. Draws will be sent by email where at all possible -in order to reduce the use of paper and to ensure competitors receive the draw as soon as possible. Please provide your email address if you wish to receive the draw in this way. Copies of the draw will only be provided to competitors who provide a stamped, self-addressed business sized envelope with their entries. Those who do not have email or provide a SAE may access the draw on the SCEC website – www.southcoastequestrianclub.com.au.
16. Callers are permitted.

2009 DRESSAGE COMPETITION ENTRY FORM

Horse No1: EFA No:

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

Horse No2: EFA No:

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

Horse No3: EFA No:

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

ENTRY FEES (per test, per rider)

Official: Members = \$20 Non-Members = \$25

Associate: Members = \$15 Non-Members = \$20

Total Test Fees \$

Admin Fee \$ 6.00

Building fundraising donation \$

TOTAL \$

Please send me a receipt for my entry fees ☐

☐ I have enclosed a cheque/money order for

Amount

or

☐ Please charge my ☐ Visa ☐ Mastercard

Amount Date

Card Number:

Expiry Date:

CCV Number:

___ / ___ last 3 digits on back of card

Full Name on Card

Card Holders Signature

Copies of the draw will be emailed where possible and only mailed to those who include a stamped self addressed business sized envelope.
ENTRIES MUST BE RECEIVED AT POST OFFICE BY CLOSING DATE. LATE ENTRIES WILL BE PLACED ON A RESERVE LIST.

POST ENTRIES TO: SOUTH COAST EQUESTRIAN CLUB PO BOX 179, JAMBEROO NSW 2533

2009 MEMBERSHIP APPLICATION FORM



We/I hereby apply for membership of the South Coast Equestrian Club Inc:

Family Name:		Given Name/s:	
Address:			Postcode:
Email (please print VERY clearly):			
Contact Nos:	BH:	AH:	Mobile:

Rider Name:	DOB:	EFA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

(EFA Registration and Bridle number required to compete in official tests)

Rider Name:	DOB:	EFA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

Non Rider Name(s):

I agree to abide by the Rules of the South Coast Equestrian Club Inc (SCEC). I understand that my membership is per calendar year and that I am entitled to members rates at all South Coast Equestrian Club Inc events within this period.

Please note that all members are expected to help at competitions and other club events during the year as part of their membership. A friend or relative can also provide help in your place. Jobs are many and varied, for varying lengths of time (a whole day is appreciated but not required). We cannot run events without your help!

Signed:..... **Date:**

Membership Fees (per calendar year start Jan 2009):		Send cheque/money order to:
Full Riding member	\$45.00	South Coast Equestrian Club Inc.
Subsequent family members	\$20.00	PO Box 179
Social member	\$20.00	Jamberoo NSW 2533

☐ **I have enclosed a cheque/money order** (made out to South Cost Equestrian Club Inc) for \$

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: Date:

Card no: _____ Expiry date: ____ / ____ CCV no: _____
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: Cardholder's Signature:

(Enquiries to Mary Tweed – 02 4236 0482)

Member Release and Waiver of Liability



Full Name of participant (and guardian if under 18 years):

.....

Address

State..... Post Code..... Date of birth

Name of Club/Organisation.....

Membership No.

Address of Event / Activity.....

In consideration for being permitted to participate in any way in horse sport activities, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities.

I knowingly and freely assume all such risks, both known and unknown, and **I voluntarily PARTICIPATE** at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activities and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during any horse sports activities.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the activities and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability as a result of my failure to comply.

I agree to wear a helmet at all times whilst riding where this is required under the relevant EFA and FEI rules and regulations and agree that I am solely responsible for ensuring that whilst riding I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations and take sole responsibility for my actions.

I have had sufficient opportunity to read this assumption of risk agreement, fully understand its terms and sign it freely and voluntarily.

Dated:/...../..... Signature of rider/guardian.....

For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept ALL OF THE ABOVE and consent and agree to my minor child's involvement or participation in horse sport activities.

Dated:/...../..... Signature of rider/guardian.....

Non-Member Application / Entry Form

Release of Waiver of Liability

The Equestrian Federation of Australia
ACN 077 455 755 ABN 19 077 455 755



Participants in Club-organised horse activity days, who are not registered members of the Club, upon completion of this form are deemed to be members of the club during such activities for the purposes of participation only.

Full Name of attendee (and of guardian if under 18 years)

Address.....

StatePost Code Date of birth.....

Horse's name

Event / Activity

Address of Event / Activity

Date of Event / Activity

Name of club holding Event / Activity

Horse Sports are a Dangerous Activity

In consideration for being permitted to participate in any way in horse sport activities and in particular this event, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities and in particular this event.

I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of The Equestrian Federation of Australia and/or the event organiser (hereafter referred to as the "Releasees") or others and **I voluntarily PARTICIPATE** at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activity and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during this event.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the event and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability and I agree to indemnify the Releasees against all claims made by any person as a result of my failure to comply.

I agree to wear a helmet at all times whilst participating in the sport where this is required under the relevant EFA and FEI rules and regulations, and agree that I am solely responsible for ensuring that whilst participating I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations, and take sole responsibility for my actions.

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless and agree not to sue The Equestrian Federation of Australia and/or the event organiser, their officers, officials, volunteers, coaches, agents and/or employees, other participants, sponsoring agencies, sponsors, state bodies, affiliated clubs and if applicable, owners and lessors of premises used to conduct the activities (all of whom are referred to as "Releasees") with respect to any and all injury, disability, death, or loss or damage to person or property, whether caused by the negligence of the releasees or otherwise.

Effect of this Document

I have had sufficient opportunity to read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without inducement of any kind.

I understand that my signature to this document constitutes a complete and unconditional release of all liability of the Releasees, to the greatest extent allowed by law in the event of me and/or the children under my care, suffering injury or death.

Dated: ____/____/____

Signature of rider

For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept all of the above and consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities arising from my minor child's involvement or participation in horse sport activities and in particular, this event, even if arising from the negligence of the Releasees

Dated: ____/____/____ Signature of parent/guardian