

# EXTENSIONS

SOUTH COAST EQUESTRIAN CLUB INC NEWSLETTER

July 2009

## From the President July 2009

SCEC is not having a good year !!! Once again we were forced to cancel ... the June competition was unable to go ahead. A grounds inspection on the Friday revealed a water sogged grounds, with new lakes and resident ducks !! There was no way the grounds were going to dry out in time for the comp on that Sunday – forcing us to cancel. As it was the Council closed all sports grounds, and they actually didn't reopen until the following weekend – 7 days later !! This time I think we got to all competitors ... I was very pleased I didn't get a single phone call on the Sunday morning !!

Onward and upward, our next competition is coming up fast – Sunday 16 August – entries close Wednesday 22 July ... and (please, please, all fingers and toes crossed) let's hope the weather is kinder to us this time.

The August competition will see our first use of the new new EFA tests. We have uploaded them onto our website, or you can access them through the EFA or Dressage NSW websites. The numbering has changed, to make them easy

to distinguish from the current tests. Up to Elementary there are 4 tests at each level, called A, B, C & D. At medium and advanced levels there are only 3 tests, A, B & C. So start practising ...

In the meantime SCEC are holding a Training Day on Sunday 26 July 2009. A flyer regarding this has been sent to all members, but is also included in this newsletter. The Brett Parbery clinic is full (it basically became full within 4 hours of me sending out the flyer ... some seriously keen riders out there ... pleasingly quite a number of juniors), the Tracy Stead clinic is already half full, so book in soon if you want a spot; and there are still places for those wanting to practice their (new) tests in front of a judge, and of course you are welcome to come along with your horse and utilise the grounds to train or just ride on the day.

Since the last newsletter, Tibby Barbour and I went up to a Forum for Dressage Clubs and Volunteers in NSW organised by Dressage NSW. Representatives from the majority of the regional clubs were present and a very productive weekend was spent, not only learning about the structure of dressage in NSW, but the obligations of club committees, and importantly there was lots of discussion

on issues that affect both regional clubs and regional riders – sourcing judges, running higher level tests with only a few riders in each class, sourcing volunteers, etc. It is very pleasing that Dressage NSW is listening to the regional clubs, after all we are often the breeding ground for the next generation of state and national riders.

I can't finish without mentioning our new club shirts ... Helga has worked miracles and we have been able to source lovely new club shirts ... navy blue with white piping, and a discrete club logo. These are for sale at basically cost price. An order form can be found in this newsletter .. or come and try before you buy at our next competition.

Finally, in my role as President, happy riding, and I look forward to talking, working and riding with many of you over the year.

**President  
Frances Simmonds**

**The next  
competition is on the  
16<sup>th</sup> of August, 2009.  
Entries close July 22<sup>nd</sup>**

**Welcome  
New SCEC  
Members**

**Annelise King**

**Kristen Smith**

**Jane Bramley**

**Rachel Seider**

**Hayley Warden**

**Michele Allen**

**Jessica Rae**

**Beverley McKeown**

**Kate McPherson**

**Helga Rogers**

**Courtney Bysterveld**

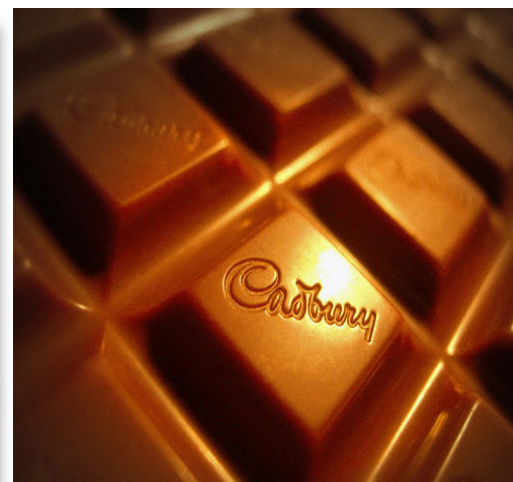
**Kristen Hill**

**Ellie Nixon**

**Fundraiser for  
Championship Trophies**

SCEC are selling Cadbury Chocolates to raise funds for the Championship Trophies.

If you would like to help please contact Katherine ( 42 61 97 58) and enjoy.



**★ SCEC club shirts ★**

Navy blue with white piping and discrete club logo, in a breathable fabric

Ideal for training days, use at home or smart casual wear

Great value at \$25.00 for standard sizes from 8 to 24

Try before you buy at our next competition day or order by email, phone or fax

**See ORDER FORM in this newsletter**

# TRAINING DAY

**Sunday 26 July 2009**  
**Terry Reserve, Albion Park**

## **Dressage Lessons with Brett Parbery**

Brett Parbery is a professional dressage rider who is a current member of the Australian Dressage Squad. He is a Coach/Co-ordinator to the Singapore Equestrian Federation. He has had tremendous success at international level, with wins in high level dressage too many to mention. He has several super-talented horses such as Victory Salute, and is an extremely patient and correct trainer and coach.

**\$100 per 45min lesson (subsidised 20% by SCEC, so cost to rider \$80)**

**CLINIC FULL**

## **Lessons with Tracy Stead**

Learn to ride your test movements technically correct and understand your collective marks and scores. Tracy is an NCAS EFA Riding Coach and Horse Trainer. She has ridden, trained and coached overseas, but is based in Wollongong.

**\$30 per 45min lesson**

## **Practice Riding Your Dressage Tests**

(from Prep to Advanced)

Be judged by Liz Sugar, EFA Accredited Coach and D Level Judge

**\$5 per test**

**Or just book to come along on the day to give your horse experience of being out. **Grounds entry fee \$10 per rider** – for riders having a lesson this is included in the lesson fee.**

All bookings (and payments) by 24<sup>th</sup> July ... first in best dressed, payment secures your place, juniors encouraged, especially those heading for Pony Club dressage championships !!

**To book your place contact:**

Frances Simmonds (4236 0680 [frances@uow.edu.au](mailto:frances@uow.edu.au))

**AND THEN** to secure your booking

Send your entry fee to SCEC, PO Box 179, Jamberoo, 2533



☐ I would like a lesson with Brett Parbery  
(\$80 per lesson)

Rider Name: .....

Horse Name: .....

Level Competing at currently: .....

☐ I would like a lesson with Tracy Stead  
(\$30 per lesson)

Rider Name: .....

Horse Name: .....

Level Competing at currently: .....

☐ I would to practice a test with Liz Sugar  
(\$5 per test plus \$10 grounds fee)

Rider Name: .....

Horse Name: .....

Test: .....

☐ I would to come along on the day  
(\$10 grounds fee)

Rider Name: .....

Horse Name: .....

-----  
Name: .....

☐ I have enclosed a cheque/money order for \$.....

☐ Please charge my ☐ Visa ☐ Mastercard Amount:..... Date:.....

Card no: \_\_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_ CCV no: \_\_\_\_\_  
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card:..... Cardholder's Signature:.....



## Stop Press

**Smart SCEC club shirts** are on order:

Navy blue with white piping and discrete club logo, in a breathable fabric

Ideal for training days, use at home or smart casual wear

Great value at \$25.00 for standard sizes from 8 to 24

Try before you buy at our next competition day or order by email, phone or fax

Yes please, I (name) \_\_\_\_\_

would like to order \_\_\_\_\_ SCEC club shirts. Size \_\_\_\_\_

Delivery at competition day or add \$9.95 for mailing option

☐ **I have enclosed a cheque/money order** (made out to South Coast Equestrian Club Inc) for \$ .....

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: ..... Date: .....

Card no: \_\_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_ CCV no: \_\_\_\_\_  
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: ..... Cardholder's Signature: .....

## SCEC 2009 Event Calendar

Month	Event	Location
Sunday 21 June	Dressage Competition – entries close 27 May	Terry Reserve Albion Park
Sunday 26 July	Dressage Training Day – and Clinic	Terry Reserve Albion Park
Sunday 16 August	Dressage Competition – entries close 22 July	Terry Reserve Albion Park
Sunday 27 September	Training Day – a chance to practice riding a test, have a lesson, be educated by visiting experts	Terry Reserve Albion Park
Sunday 11 October	SCEC Dressage Championships – entries close 23 September	Terry Reserve Albion Park
30 Oct – 1 Nov	Horseland Australia Dressage Championships	Sydney International Equestrian Centre
Sunday 6 December	Dressage Competition – entries close 11 November	Terry Reserve Albion Park

## **SOUTH COAST EQUESTRIAN CLUB COMPETITION PROGRAMME FOR 2009**

<b><u>Sunday 16 August</u></b>	<b><u>Sunday 11 October Championships</u></b>	<b><u>Sunday 6 December</u></b>
Prep 2 EFA	Prep 3 EFA	Prep 1 EFA
Prep 3 EFA	Prep 4 EFA	Prep 4 EFA
Prelim 1B Assoc/Official	Prelim1C Assoc/Official	Prelim 1A Assoc/Official
Prelim 1C Assoc/Official	Prelim 1D Assoc/Official	Prelim 1D Assoc/Official
Novice 2B Assoc/Official	Novice 2C Assoc/Official	Novice 2A Assoc/Official
Novice 2C Assoc/Official	Novice 2D Assoc/Official	Novice 2D Assoc/Official
Elementary 3B Assoc/Official	Elementary 3C Assoc/Official	Elementary 3A Assoc/Official
Elementary 3C Assoc/Official	Elementary 3D Assoc/Official	Elementary 3D Assoc/Official
Medium 4A Assoc/Official	Medium 4B Assoc/Official	Medium 4A Assoc/Official
Medium 4B Assoc/Official	Medium 4C Assoc/Official	Medium 4C Assoc/Official
Advanced 5A Assoc/Official	Advanced 5B Assoc/Official	Advanced 5A Assoc/Official
Advanced 5B Assoc/Official	Advanced 5C Assoc/Official	Advanced 5C Assoc/Official
*Prix St George Assoc/Official	Prix St George Assoc/Official	*Prix St George Assoc/Official
*Inter 1 Assoc/Official	Inter 1 Assoc/Official	*Inter 1 Assoc/Official
*Inter 2 Assoc/Official	Inter 2 Assoc/Official	*Inter 2 Assoc/Official
* Grand Prix Assoc/Official	Grand Prix Assoc/Official	*Grand Prix Assoc/Official
Closing date 22 July	Closing date 16 September	Closing date 11 November

**Associate tests can be ridden Open, Open Pony or Junior, Official tests can be ridden Open or Official Pony.**

\* Please note we will endeavour to run FEI tests as Official depending on the availability of the appropriate judges.



PO Box 179  
Jamberoo NSW 2533  
ABN 67 462 820 496

# 2009 DRESSAGE COMPETITION ENTRY FORM

DATE OF COMPETITION: ..... Closing Date for Entries: .....

Rider's Name ..... Rider's Phone .....

Rider's Address ..... Postcode .....

Rider's Email .....

All Hotmail users please include a self address business sized envelope so you will still receive the draw.

Owner's Name ..... Owner's EFA No .....

Owner's Address ..... Postcode .....

## Rules & Regulations

I agree to abide by the conditions of entry and the rules and regulations set down for the conduct of a dressage event.

Rider's Signature: ..... Date .....

Parent / Guardian signature if under 16.

Many volunteers are needed in order to run competitions. Members are expected to help a minimum of one competition per year. Please let us know if you can help at this competition, even for just a few hours. We need pencilers, gear stewards, runners, scorers etc. (Minimum 1 Hour).

Are you able to help on the day? ☐ Yes ☐ No

What would you like to help with?

.....  
.....

How long can you help for? .....

Can you nominate someone who can help?

Name ..... Ph .....

**To compete at SCEC competitions, you must be a member of SCEC Inc of the EFA.**

## CONDITIONS OF ENTRY

1. This competition will be held in accordance with EFA rules (1st January 2008). Available on [www.efanational.com](http://www.efanational.com).
2. Neither South Coast Equestrian Club, nor the owner of the grounds, accepts any liability for any accidents, damage, injury or illness to horses, owners, riders, spectators or any other person or property whatsoever.
3. Competition is open to Horses, Galloways and Ponies (including stallions). Horses may only be ridden on the grounds by the designated competitor.
4. Only horses entered in a competition are allowed on the grounds.
5. Horses may not compete in more than two consecutive levels - i.e. Prep/Preliminary; Preliminary/ Novice.
6. Riders are restricted to 3 tests per horse and a maximum of 2 horses per test.
7. Ponies are 14.2hh or less (149cm with shoes or 148cm without). Pony entries are open and there is no restriction on the age of the rider.
8. Junior riders are 17 years and under at the time of entry. Junior riders are eligible to compete in Open, Open Pony or Junior categories but cannot compete in more than one category.
9. Associate classes are conducted under EFA Rules. Riders must be a member of the EFA at least Associate level or a member of SCEC Inc. There is no restriction on age. Horses are not required to be EFA registered and there is no restriction on height. If a horse is, or has been, graded, it may only compete at its graded level or above, or HC in a lower level.

10. Entry forms will be dated as received. If the competition is oversubscribed, entries will be entered in the draw in order of date received. Late entries will be placed on a reserve list.
11. Entries will only be accepted if the form is filled out correctly with correct payment included and the disclaimer signed. Incorrectly completed entries will be returned.
12. Copies of the tests are available through the SCEC website.
13. HC may be entered until 5 days before the competition day; once you have entered HC it will not be removed. HC entries do not receive points or prizes.
14. Scratchings will be accepted with a full refund up until 8pm on the day the entries close. No refunds after this time.
15. Draws will be sent by email where at all possible -in order to reduce the use of paper and to ensure competitors receive the draw as soon as possible. Please provide your email address if you wish to receive the draw in this way. Copies of the draw will only be provided to competitors who provide a stamped, self-addressed business sized envelope with their entries. Those who do not have email or provide a SAE may access the draw on the SCEC website – [www.southcoastequestrianclub.com.au](http://www.southcoastequestrianclub.com.au).
16. Callers are permitted.



# 2009 DRESSAGE COMPETITION ENTRY FORM

Horse No1: ..... EFA No: .....

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

Horse No2: ..... EFA No: .....

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

Horse No3: ..... EFA No: .....

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

## ENTRY FEES (per test, per rider)

**Official:** Members = \$20 Non-Members = \$25

**Associate:** Members = \$15 Non-Members = \$20

Total Test Fees \$ .....

Admin Fee \$ 6.00

Building fundraising donation \$ .....

**TOTAL** \$ .....

Please send me a receipt for my entry fees ☐

☐ I have enclosed a cheque/money order for

Amount .....

or

☐ Please charge my ☐ Visa ☐ Mastercard

Amount ..... Date .....

Card Number:

Expiry Date:

CCV Number:

\_\_\_ / \_\_\_ last 3 digits on back of card

Full Name on Card .....

Card Holders Signature .....

Copies of the draw will be emailed where possible and only mailed to those who include a stamped self addressed business sized envelope.  
ENTRIES MUST BE RECEIVED AT POST OFFICE BY CLOSING DATE. LATE ENTRIES WILL BE PLACED ON A RESERVE LIST.

POST ENTRIES TO: SOUTH COAST EQUESTRIAN CLUB PO BOX 179, JAMBEROO NSW 2533

# Non-Member Application / Entry Form

## Release of Waiver of Liability

The Equestrian Federation of Australia  
ACN 077 455 755 ABN 19 077 455 755



Participants in Club-organised horse activity days, who are not registered members of the Club, upon completion of this form are deemed to be members of the club during such activities for the purposes of participation only.

Full Name of attendee (and of guardian if under 18 years) .....

Address.....

State .....Post Code ..... Date of birth.....

Horse's name .....

Event / Activity .....

Address of Event / Activity .....

Date of Event / Activity .....

Name of club holding Event / Activity .....

### Horse Sports are a Dangerous Activity

In consideration for being permitted to participate in any way in horse sport activities and in particular this event, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities and in particular this event.

I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of The Equestrian Federation of Australia and/or the event organiser (hereafter referred to as the "Releasees") or others and **I voluntarily PARTICIPATE** at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activity and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during this event.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the event and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability and I agree to indemnify the Releasees against all claims made by any person as a result of my failure to comply.

I agree to wear a helmet at all times whilst participating in the sport where this is required under the relevant EFA and FEI rules and regulations, and agree that I am solely responsible for ensuring that whilst participating I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations, and take sole responsibility for my actions.

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless and agree not to sue The Equestrian Federation of Australia and/or the event organiser, their officers, officials, volunteers, coaches, agents and/or employees, other participants, sponsoring agencies, sponsors, state bodies, affiliated clubs and if applicable, owners and lessors of premises used to conduct the activities (all of whom are referred to as "Releasees") with respect to any and all injury, disability, death, or loss or damage to person or property, whether caused by the negligence of the releasees or otherwise.

### Effect of this Document

I have had sufficient opportunity to read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without inducement of any kind.

I understand that my signature to this document constitutes a complete and unconditional release of all liability of the Releasees, to the greatest extent allowed by law in the event of me and/or the children under my care, suffering injury or death.

Dated: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature of rider .....

### For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept all of the above and consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities arising from my minor child's involvement or participation in horse sport activities and in particular, this event, even if arising from the negligence of the Releasees

Dated: \_\_\_\_/\_\_\_\_/\_\_\_\_ ..... Signature of parent/guardian .....

# 2009 MEMBERSHIP APPLICATION FORM



**We/I hereby apply for membership of the South Coast Equestrian Club Inc:**

<b>Family Name:</b>		<b>Given Name/s:</b>	
<b>Address:</b>			<b>Postcode:</b>
<b>Email</b> (please print <b>VERY</b> clearly):			
<b>Contact Nos:</b>	<b>BH:</b>	<b>AH:</b>	<b>Mobile:</b>

<b>Rider Name:</b>	<b>DOB:</b>	<b>EFA Reg #:</b>
<b>Horses Name:</b>	<b>Horse's EFA #:</b>	<b>Horse's Bridle #:</b>
<b>Pony</b> (must not exceed 149cm with shoes or 148cm without shoes): <b>Yes/No</b>		<b>Pony Height:</b>

(EFA Registration and Bridle number required to compete in official tests)

<b>Rider Name:</b>	<b>DOB:</b>	<b>EFA Reg #:</b>
<b>Horses Name:</b>	<b>Horse's EFA #:</b>	<b>Horse's Bridle #:</b>
<b>Pony</b> (must not exceed 149cm with shoes or 148cm without shoes): <b>Yes/No</b>		<b>Pony Height:</b>

<b>Non Rider Name(s):</b>
---------------------------

**I agree to abide by the Rules of the South Coast Equestrian Club Inc (SCEC). I understand that my membership is per calendar year and that I am entitled to members rates at all South Coast Equestrian Club Inc events within this period.**

Please note that all members are expected to help at competitions and other club events during the year as part of their membership. A friend or relative can also provide help in your place. Jobs are many and varied, for varying lengths of time (a whole day is appreciated but not required). We cannot run events without your help!

**Signed:**..... **Date:** .....

<b>Membership Fees</b> (per calendar year start Jan 2009):		<b>Send cheque/money order to:</b>
<b>Full Riding member</b>	<b>\$45.00</b>	South Coast Equestrian Club Inc.
<b>Subsequent family members</b>	<b>\$20.00</b>	PO Box 179
<b>Social member</b>	<b>\$20.00</b>	Jamberoo NSW 2533

☐ **I have enclosed a cheque/money order** (made out to South Cost Equestrian Club Inc) for \$ .....

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: ..... Date: .....

Card no: \_\_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_ CCV no: \_\_\_\_\_  
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: ..... Cardholder's Signature: .....

**(Enquiries to Mary Tweed – 02 4236 0482)**

## Member Release and Waiver of Liability



Full Name of participant (and guardian if under 18 years):

.....

Address .....

State..... Post Code..... Date of birth .....

Name of Club/Organisation.....

Membership No. ....

Address of Event / Activity.....

In consideration for being permitted to participate in any way in horse sport activities, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities.

I knowingly and freely assume all such risks, both known and unknown, and **I voluntarily PARTICIPATE** at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activities and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during any horse sports activities.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the activities and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability as a result of my failure to comply.

I agree to wear a helmet at all times whilst riding where this is required under the relevant EFA and FEI rules and regulations and agree that I am solely responsible for ensuring that whilst riding I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations and take sole responsibility for my actions.

I have had sufficient opportunity to read this assumption of risk agreement, fully understand its terms and sign it freely and voluntarily.

Dated: ...../...../..... Signature of rider/guardian.....

### For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept ALL OF THE ABOVE and consent and agree to my minor child's involvement or participation in horse sport activities.

Dated: ...../...../..... Signature of rider/guardian.....