

EXTENSIONS

SOUTH COAST EQUESTRIAN CLUB INC NEWSLETTER

May 2009

From the President May 2009 March Open Grounds Day

It was very disappointing that we were unable to hold our April competition. Even though the rain had stopped, and the wind was blowing, unfortunately the grounds were just not dry enough for us to feel that having 70 odd horses competing was a safe option. The warm up area would probably have coped OK, but the arenas had quite boggy patches, and as at Saturday had not been mowed because it was too wet for the Council to get their equipment into the arenas to mow. To those competitors who we failed to reach and let them know of the cancellation, and who turned up on the day, our abject apologies. I dread those phone calls !!

Onward and upward, our next competition is coming up fast – Sunday 21 June – entries close Wednesday 27 May ... and let's hope the weather is kinder to us this time.

Excitingly, the new EFA tests are out !! We have uploaded them onto our website, or you can access them through the EFA or Dressage NSW websites. The numbering has changed, to make them easy to distinguish from the current tests. Up to Elementary there are

4 tests at each level, called A, B, C & D.

At medium and advanced levels there are only 3 tests, A, B & C. Having had a sticky beak I am quite excited. Some new movements making their appearance, or in some cases reappearance. Novice riders need to start practising their leg yielding again.

Elementary tests now include renvers, and in the 3D test a transition from shoulder-in to renvers ... now that's fun !! Elementary and Medium tests also now include half turns on the quarters ... similar to a walk pirouette, but not requiring the same degree of collection, and only doing a half turn. Check out the EFA Dressage Rule book for definitions of each of these movements ... section 7 ... link below.

http://www.equestrian.org.au/site/equestrian/national/downloads/2005/dressage/rules_tests/08DrRulesA5.pdf

So start practising ... but don't forget these tests will not be used until competitions after 1 July ... so our next competition on 21 June will use the current tests you are all familiar with.

Once again, Cathy Stratten and I will be looking for volunteers to help at our next competition. As an incentive, this year we are again running a Volunteers Competition with a major prize at the end of the year. So please don't be backward in coming forward and offering to help with whatever you can.

I can't finish without mentioning our new club shirts ... Helga has worked miracles and we have been able to source lovely new club shirts ... navy blue with white piping, and a discrete club logo. These are for sale at basically cost price. An order form can be found in this newsletter .. or come and try before you buy at our next competition.

Finally, in my role as President, happy riding, and I look forward to talking, working and riding with many of you over the year.

**The next
competition is on the 21st
of June, 2009.
Entries close May 27th**

From the Secretary May 2009

March Open Grounds Day

This was the second opportunity offered to members this year to use the grounds on a non competition day. Several people took the opportunity to bring young or inexperienced horses out to work in a non threatening environment. This is so important when trying to establish confidence in both horse and rider and we hope to be able to repeat the exercise later in the year.

Club Shirts

These were on sale for the first time at the open day and were very well received by those who attended with just about everyone making a purchase. They are great value at \$25.00, look very smart and wash beautifully. Thanks to Helga Rogers for organising the purchase. We have more on order and they will be at all competitions. We are now working on acquiring matching saddle cloths, complete with club logo, which would be ideal for lessons, working at home, etc. Watch out for further info.

New Tests

The EFA are introducing new dressage tests across all levels, from the beginning of July. Up until that time our competitions will be using the current tests. Once the new tests are available they will be posted on the EFA web site and be available for down load, so keep a look out.

Trophies & Prizes – Wanted – an organiser....

It won't be long before we start organising our Championships Competition which will be open to any competitor this year. We are looking for a member to take on the job of purchasing trophies and prizes for the event. Your committee have all been putting a great deal of time into organising the competitions this year (which are getting bigger & bigger), with most volunteers also working full time and running their own families.

Taking on the job would mean liaising with Frances and Katherine, sourcing suitable merchandise, ordering and organising necessary engraving and taking delivery before the event. It is not vital to come to any meetings although of course anyone is welcome to attend. The advantage of doing this job would be to have the choice of the type of prizes to be presented, with the view of also winning one! A couple of suggestions made at the last meeting were for special browbands or quality photo frames..... Any other ideas?? If you feel that you would be able to take on this job, please let Frances know as soon as possible.

Check your Nuts!!

Having had the frightening experience recently of almost losing a wheel when towing my float on a trip that included negotiating Mount Ousley,

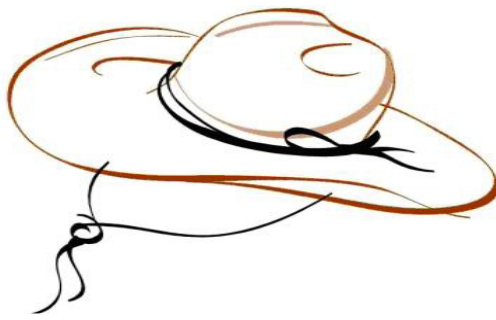
I would like to suggest that this is something which needs doing on a regular basis but which I seldom think of. Fortunately little damage was done (apart from needing a new wheel hub, screws and nuts) as I knew from the progressively worsening sound that something was amiss, but it could have been disastrous. Probably 99 times out of 100 nothing will need doing but as usual prevention is better than a cure. I did feel a little comforted when my mechanic told me that he had actually lost a wheel from a boat trailer one time.

Finally, I will be on hols for the next 3 months. Sally Holdup has kindly agreed to continue checking the mail etc, so see you all in August

Cheers,
Mary

Do not try this at home !!!





Hitting the trails with the committee!

On the 3rd of May three of our committee members joined with the Leisure Coast Horse Trail Riding Club and about 90 other riders for their annual Derek Readman Memorial Charity Trail Ride. We were fortunate to have a day with beautiful weather and by all accounts the ride was spectacular. After morning tea we rode out from home grounds in Albion Park and weaved our way from the Southern end of Croome Road through to Jamberoo using trails which are not generally open to riders. We had access through private farms which led us to the Eastern end of Swamp Road in Jamberoo where we stopped for a plentiful lunch and a well earned rest.

By all accounts we had a great time the scenery was fantastic and the ride provided our horse some time to stretch out, relax and attempt a few small challenges not normally encountered in dressage... creek crossings?... Inclines?... . The thought of riding off into open spaces with such a big group of other horses is often cause for apprehension but the majority of the ride was at walk and trot with a few opportunities for those to canter if they wished.

All credit to our hosting club who provided such a safe and well organized event which included many Safety Marshalls and First Aid Officers who thankfully were not required! The ride finished where it started and again we



were fed and watered. This ride is an annual event and apart from providing a great day out for horse enthusiasts it's main purpose is to raise money for a local charity. This year the ride raised more than \$3000 for the South Coast School for Children with Autism in Corrimal. A great contribution to our community, and a great way to spend a Sunday. I hope more club members will take up the opportunity to support this ride in the future.



SCEC 2009 Event Calendar

Month	Event	Location
Sunday 21 June	Dressage Competition – entries close 27 May	Terry Reserve Albion Park
Date to be advised	Dressage Training Day – focus on juniors prior to Pony Club Zone and State Dressage Championships	Terry Reserve Albion Park
Sunday 12 July	South Coast Horse Expo	(tba)
Sunday 16 August	Dressage Competition – entries close 22 July	Terry Reserve Albion Park
Date to be advised	Clinic	
Evening of same day	Discussion Forum – a panel of experts present their views on a specified topic.	
Sunday 27 September	Training Day – a chance to practice riding a test, have a lesson, be educated by visiting experts	Terry Reserve Albion Park
Sunday 11 October	SCEC Dressage Championships – entries close 23 September	Terry Reserve Albion Park
30 Oct – 1 Nov	Horseland Australia Dressage Championships	Sydney International Equestrian Centre
Sunday 6 December	Dressage Competition – entries close 11 November	Terry Reserve Albion Park

SOUTH COAST EQUESTRIAN CLUB COMPETITION PROGRAMME FOR 2009

<u>Sunday 21 June</u>	<u>Sunday 16 August</u>	<u>Sunday 11 October Championships</u>	<u>Sunday 6 December</u>
Prep 2 EFA	Prep 2 EFA	Prep 3 EFA	Prep 1 EFA
Prep 4 EFA	Prep 3 EFA	Prep 4 EFA	Prep 4 EFA
Prelim 1.3 Assoc/Official	Prelim 1B Assoc/Official	Prelim1C Assoc/Official	Prelim 1A Assoc/Official
Prelim 1.4 Assoc/Official	Prelim 1C Assoc/Official	Prelim 1D Assoc/Official	Prelim 1D Assoc/Official
Novice2.3 Assoc/Official	Novice 2B Assoc/Official	Novice 2C Assoc/Official	Novice 2A Assoc/Official
Novice 2.4 Assoc/Official	Novice 2C Assoc/Official	Novice 2D Assoc/Official	Novice 2D Assoc/Official
Elementary 3.2 Assoc/Official	Elementary 3B Assoc/Official	Elementary 3C Assoc/Official	Elementary 3A Assoc/Official
Elementary 3.4 Assoc/Official	Elementary 3C Assoc/Official	Elementary 3D Assoc/Official	Elementary 3D Assoc/Official
Medium 4.2 Assoc/Official	Medium 4A Assoc/Official	Medium 4B Assoc/Official	Medium 4A Assoc/Official
Medium 4.4 Assoc/Official	Medium 4B Assoc/Official	Medium 4C Assoc/Official	Medium 4C Assoc/Official
Advanced 5.2 Assoc/Official	Advanced 5A Assoc/Official	Advanced 5B Assoc/Official	Advanced 5A Assoc/Official
Advanced 5.4 Assoc/Official	Advanced 5B Assoc/Official	Advanced 5C Assoc/Official	Advanced 5C Assoc/Official
*Prix St George Assoc/Official	*Prix St George Assoc/Official	Prix St George Assoc/Official	*Prix St George Assoc/Official
*Inter 1 Assoc/Official	*Inter 1 Assoc/Official	Inter 1 Assoc/Official	*Inter 1 Assoc/Official
*Inter 2 Assoc/Official	*Inter 2 Assoc/Official	Inter 2 Assoc/Official	*Inter 2 Assoc/Official
* Grand Prix Assoc/Official	* Grand Prix Assoc/Official	Grand Prix Assoc/Official	*Grand Prix Assoc/Official
Closing date 27 May	Closing date 22 July	Closing date 16 September	Closing date 11 November

Associate tests can be ridden Open, Open Pony or Junior, Official tests can be ridden Open or Official Pony.

* Please note we will endeavour to run FEI tests as Official depending on the availability of the appropriate judges.



PO Box 179
Jamberoo NSW 2533
ABN 67 462 820 496

2009 DRESSAGE COMPETITION ENTRY FORM

DATE OF COMPETITION: **Closing Date for Entries:**

Rider's Name Rider's Phone

Rider's Address Postcode

Rider's Email

All Hotmail users please include a self address business sized envelope so you will still receive the draw.

Owner's Name Owner's EFA No

Owner's Address Postcode

Rules & Regulations

I agree to abide by the conditions of entry and the rules and regulations set down for the conduct of a dressage event.

Rider's Signature: **Date**

Parent / Guardian signature if under 16.

Many volunteers are needed in order to run competitions. Members are expected to help a minimum of one competition per year. Please let us know if you can help at this competition, even for just a few hours. We need pencilers, gear stewards, runners, scorers etc. (Minimum 1 Hour).

Are you able to help on the day? ☐ Yes ☐ No

What would you like to help with?

.....
.....

How long can you help for?

Can you nominate someone who can help?

Name Ph

To compete at SCEC competitions, you must be a member of SCEC Inc of the EFA.

CONDITIONS OF ENTRY

1. This competition will be held in accordance with EFA rules (1st January 2008). Available on www.efanational.com.
2. Neither South Coast Equestrian Club, nor the owner of the grounds, accepts any liability for any accidents, damage, injury or illness to horses, owners, riders, spectators or any other person or property whatsoever.
3. Competition is open to Horses, Galloways and Ponies (including stallions). Horses may only be ridden on the grounds by the designated competitor.
4. Only horses entered in a competition are allowed on the grounds.
5. Horses may not compete in more than two consecutive levels - i.e. Prep/Preliminary; Preliminary/ Novice.
6. Riders are restricted to 3 tests per horse and a maximum of 2 horses per test.
7. Ponies are 14.2hh or less (149cm with shoes or 148cm without). Pony entries are open and there is no restriction on the age of the rider.
8. Junior riders are 17 years and under at the time of entry. Junior riders are eligible to compete in Open, Open Pony or Junior categories but cannot compete in more than one category.
9. Associate classes are conducted under EFA Rules. Riders must be a member of the EFA at least Associate level or a member of SCEC Inc. There is no restriction on age. Horses are not required to be EFA registered and there is no restriction on height. If a horse is, or has been, graded, it may only compete at its graded level or above, or HC in a lower level.

10. Entry forms will be dated as received. If the competition is oversubscribed, entries will be entered in the draw in order of date received. Late entries will be placed on a reserve list.
11. Entries will only be accepted if the form is filled out correctly with correct payment included and the disclaimer signed. Incorrectly completed entries will be returned.
12. Copies of the tests are available through the SCEC website.
13. HC may be entered until 5 days before the competition day; once you have entered HC it will not be removed. HC entries do not receive points or prizes.
14. Scratchings will be accepted with a full refund up until 8pm on the day the entries close. No refunds after this time.
15. Draws will be sent by email where at all possible -in order to reduce the use of paper and to ensure competitors receive the draw as soon as possible. Please provide your email address if you wish to receive the draw in this way. Copies of the draw will only be provided to competitors who provide a stamped, self-addressed business sized envelope with their entries. Those who do not have email or provide a SAE may access the draw on the SCEC website – www.southcoastequestrianclub.com.au.
16. Callers are permitted.

2009 DRESSAGE COMPETITION ENTRY FORM

Horse No1: EFA No:

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

Horse No2: EFA No:

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

Horse No3: EFA No:

Test	Assoc	Off	Open	Pony	Junior	Rider	EFA No	Bridle No	Points	Fee
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Total \$										

ENTRY FEES (per test, per rider)

Official: Members = \$20 Non-Members = \$25
Associate: Members = \$15 Non-Members = \$20

Total Test Fees \$
Admin Fee \$ 6.00
Building fundraising donation \$
TOTAL \$

Please send me a receipt for my entry fees ☐

☐ I have enclosed a cheque/money order for

Amount

or

☐ Please charge my ☐ Visa ☐ Mastercard

Amount Date

Card Number:

Expiry Date:

CCV Number:

___ / ___ last 3 digits on back of card

Full Name on Card

Card Holders Signature

Copies of the draw will be emailed where possible and only mailed to those who include a stamped self addressed business sized envelope.
ENTRIES MUST BE RECEIVED AT POST OFFICE BY CLOSING DATE. LATE ENTRIES WILL BE PLACED ON A RESERVE LIST.

POST ENTRIES TO: SOUTH COAST EQUESTRIAN CLUB PO BOX 179, JAMBEROO NSW 2533

2009 MEMBERSHIP APPLICATION FORM



We/I hereby apply for membership of the South Coast Equestrian Club Inc:

Family Name:		Given Name/s:	
Address:			Postcode:
Email (please print VERY clearly):			
Contact Nos:	BH:	AH:	Mobile:

Rider Name:	DOB:	EFA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

(EFA Registration and Bridle number required to compete in official tests)

Rider Name:	DOB:	EFA Reg #:
Horses Name:	Horse's EFA #:	Horse's Bridle #:
Pony (must not exceed 149cm with shoes or 148cm without shoes): Yes/No		Pony Height:

Non Rider Name(s):

I agree to abide by the Rules of the South Coast Equestrian Club Inc (SCEC). I understand that my membership is per calendar year and that I am entitled to members rates at all South Coast Equestrian Club Inc events within this period.

Please note that all members are expected to help at competitions and other club events during the year as part of their membership. A friend or relative can also provide help in your place. Jobs are many and varied, for varying lengths of time (a whole day is appreciated but not required). We cannot run events without your help!

Signed:..... **Date:**

Membership Fees (per calendar year start Jan 2009):		Send cheque/money order to:
Full Riding member	\$45.00	South Coast Equestrian Club Inc.
Subsequent family members	\$20.00	PO Box 179
Social member	\$20.00	Jamberoo NSW 2533

☐ **I have enclosed a cheque/money order** (made out to South Cost Equestrian Club Inc) for \$

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: Date:

Card no: _____ Expiry date: ____ / ____ CCV no: _____
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: Cardholder's Signature:

(Enquiries to Mary Tweed – 02 4236 0482)

Member Release and Waiver of Liability



Full Name of participant (and guardian if under 18 years):

.....

Address

State..... Post Code..... Date of birth

Name of Club/Organisation.....

Membership No.

Address of Event / Activity.....

In consideration for being permitted to participate in any way in horse sport activities, I, the undersigned, understand, acknowledge and accept that:

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt.

There is a significant risk that serious **INJURY** or **DEATH** may result from horse sport activities.

I knowingly and freely assume all such risks, both known and unknown, and **I voluntarily PARTICIPATE** at my **OWN RISK** and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activities and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during any horse sports activities.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the **CANCELLATION** of my participation in the activities and my immediate removal from my horse **NO MATTER** where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability as a result of my failure to comply.

I agree to wear a helmet at all times whilst riding where this is required under the relevant EFA and FEI rules and regulations and agree that I am solely responsible for ensuring that whilst riding I wear a suitable helmet at all times where required under the relevant EFA and FEI rules and regulations and take sole responsibility for my actions.

I have had sufficient opportunity to read this assumption of risk agreement, fully understand its terms and sign it freely and voluntarily.

Dated:/...../..... Signature of rider/guardian.....

For Participants of Minority Age (Under Age 18)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept ALL OF THE ABOVE and consent and agree to my minor child's involvement or participation in horse sport activities.

Dated:/...../..... Signature of rider/guardian.....



Stop Press

Smart SCEC club shirts are on order:

Navy blue with white piping and discrete club logo, in a breathable fabric

Ideal for training days, use at home or smart casual wear

Great value at \$25.00 for standard sizes from 8 to 24

Try before you buy at our next competition day or order by email, phone or fax

Yes please, I (name) _____

would like to order _____ SCEC club shirts. Size _____

Delivery at competition day or add \$9.95 for mailing option

☐ **I have enclosed a cheque/money order** (made out to South Coast Equestrian Club Inc) for \$

☐ **Please charge my** ☐ **Visa** ☐ **Mastercard** Amount: Date:

Card no: _____ Expiry date: ____ / ____ CCV no: _____
(LAST 3 DIGITS ON BACK OF CARD)

Full name on card: Cardholder's Signature: